RESOURCES FOR FAMILIES AND CAREGIVERS

ARTICLES FOR ADULTS –

- Social Distancing – This is Not a Snow Day
  https://medium.com/@ariadnelabs/social-distancing-this-is-not-a-snow-day-ac21d7fa78b4

- ZERO TO THREE - Five Tips to Make the Most Out of a Video Chat
  https://www.zerotothree.org/resources/2535-five-tips-to-make-the-most-of-video-chats
  Making video chats go smoothly for infants and toddlers

- The Hechinger Report – Coronavirus – Stuck at Home
  Stuck at home with young kids due to coronavirus? Here is what to do – and what not to do. Experts share tips, advice, and activities

THE HANDWASHING SONG
(to the tune of Frere Jacques)

TOP AND BOTTOM
IN BETWEEN
DON'T FORGET THE WRISTS
AND GERMS YOU MIGHT HAVE MISSED
NOW THEY'RE CLEAN
NOW THEY'RE CLEAN

ALL LEARNING AREAS

- Zero TO THREE – At Home Activity Guide for Infants & Toddlers
  https://www.zerotothree.org/resources/3264-at-home-activity-guide
  For Birth to three – Fun and educational activities to do at home with infants and toddlers

- PBS Kids
  https://pbskids.org/
  Toddlers and Preschool age games and resources for parents
• **Ducksters.com**
  https://www.ducksters.com/
  School Age

  ![Fun and Free Ways to Learn From Home](image)

  ![Educational Free Websites](image)

• **Kids Podcasts, Audio Stories, Music, Audiobooks & More**
  [https://pinna.fm/index.php](https://pinna.fm/index.php)
  Ages 3-12 – an on-demand audio streaming service that reimagines kids’ entertainment. Each podcast, audiobook and music compilation on Pinna is expertly developed and carefully – science, fantasy, interactive game shows and mysteries.

• **Education companies offering free subscriptions**
  [https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/](https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/)
  All ages – Parental assistance needed to create an account.
LITERACY and READ-ALOUDS

- **11 Free Reading Websites for Kids**

<table>
<thead>
<tr>
<th>Site</th>
<th>Address</th>
<th>Audio?</th>
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</thead>
<tbody>
<tr>
<td>Storytime Online</td>
<td><a href="http://www.storonlineonline.net">http://www.storonlineonline.net</a></td>
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<tr>
<td>Read to Me</td>
<td><a href="http://readtomeek.com">http://readtomeek.com</a></td>
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<td>We Give Books</td>
<td><a href="http://wegivebooks.org">http://wegivebooks.org</a></td>
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<td>Starfall</td>
<td><a href="http://Starfall.com">http://Starfall.com</a></td>
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<tr>
<td>Online Storytime by Barnes and Noble</td>
<td><a href="http://www.barnesandnoble.com/onlinestorytime-books-books/579005588/">http://www.barnesandnoble.com/onlinestorytime-books-books/579005588/</a></td>
<td>Yes</td>
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<tr>
<td>TumbleBooks</td>
<td><a href="http://tumblebooks.com">http://tumblebooks.com</a></td>
<td>Yes</td>
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<tr>
<td>International Children's Digital Library</td>
<td><a href="http://en.childrenslibrary.org/">http://en.childrenslibrary.org/</a></td>
<td>No</td>
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<tr>
<td>ABCya!</td>
<td><a href="http://abcya.com">http://abcya.com</a></td>
<td>Yes</td>
</tr>
<tr>
<td>Storynory</td>
<td><a href="http://www.storynory.com/">http://www.storynory.com/</a></td>
<td>Yes</td>
</tr>
<tr>
<td>National Geographic Young Explorers</td>
<td><a href="http://ngexplorer.cengage.com/ngyoungerexplorer/index.html">http://ngexplorer.cengage.com/ngyoungerexplorer/index.html</a></td>
<td>Yes</td>
</tr>
<tr>
<td>Oxford Owl</td>
<td><a href="http://www.oxfordowl.co.uk/">http://www.oxfordowl.co.uk/</a></td>
<td>Yes</td>
</tr>
</tbody>
</table>

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- **Astronauts read books from space**
  www.youtube.com/channel/UCpotjVqWv3KfGHjWztjPKgg?fbclid=IwAR3mPnrgIBq71NQQusakYGZM0-i9Tv4Up-6zGmN9uVpz3fD-qE9_bixYU&app=desktop

- **Favorite Authors read stories**
  https://coolprogeny.com/2020/03/operation-storytime/?fbclid=IwAR3t0T8DNY_xuCmGoQu27wyXZQ0yi1_w_kLfc15I2VUKix2fAajAJ-TZwg
  Age of child depends on the book choice - Parents/adults need to facilitate book choice
  Book choices are from picture books to chapter books.

- **Story Time on Line**
  www.storyonline.net/
  For children K and older - Available 24 hours a day for children, parents, caregivers and educators. Each book includes supplemental curriculum developed by a credentialed elementary educators aiming to strengthen comprehension and verbal and written skills for English-language learners. May require an adult to set up for K child and allows older children to access independently.

- **Seussville**
  https://www.seussville.com/?fbclid=IwAR2I0giFURTaGsp_CFddzoFS4GwvW3Vt-QZdGHAhf0MjgP2LoBYPHJvE8
  Dr. Seuss’ Word Challenge
• **Lunch Doodles with Mo Willems**
  [https://www.kennedy-center.org/education/mo-willems?fbclid=IwAR3Cr3RM5mdthW9hPalAMrz-L81G38okimerqyevEy7ze7IA-P25wVTkkK](https://www.kennedy-center.org/education/mo-willems?fbclid=IwAR3Cr3RM5mdthW9hPalAMrz-L81G38okimerqyevEy7ze7IA-P25wVTkkK)
  4-10 – Mo Willems invites you into his studio every day for his LUNCH DOODLE – New episodes will be posted each weekday at 1:00 p.m. ET and then remain online to be streamed afterwards. Check back each weekday for new LUNCH DOODLES! Learners can draw, doodle, and explore new ways of writing.

• **Books read by famous actors**
  [https://www.storylineonline.net/](https://www.storylineonline.net/)
  All ages - These stories are read by famous people and show adorable cartoon animations of the story.

• **Operation Storytime**
  [https://coolprogeny.com/2020/03/operation-storytime/](https://coolprogeny.com/2020/03/operation-storytime/)
  All ages - Links to children’s authors reading their books on Instagram

**MOVEMENT & MINDFULNESS**

• **Go Noodle**
  [www.gonoodle.com](http://www.gonoodle.com)
  For two year olds and older - Fun, wacky, silly 5-minute movement breaks and mindfulness activities – many have an educational objective – patterning, counting, etc. Younger children should be with an adult or much older child. There is a lot of moving around.
- **Yoga & Mindfulness**
  [https://www.youtube.com/user/barikoral](https://www.youtube.com/user/barikoral)
  For children 2.5 and older
  Yoga movements, breathing exercises – movement and mindfulness
  Requires an adult or older child (5th grade and up) to supervise and help with some of the movements

- **Brain Break- Tic Tac Toe**
  [www.funinfirst.com](http://www.funinfirst.com)
  Ages 3-6 years - This activity promotes listening, following direction and gross motor skills and a break from sitting.
  Needs supervision - Can be modified to meet the needs of young 3 years olds

**SCIENCE**

- **National Geographic for Kids**
  [https://kids.nationalgeographic.com/](https://kids.nationalgeographic.com/)
  All ages

- **Fantastic Fun and Learning**
  A visual science experiment of how soap kills germs and more
  For older toddlers and up – An adult presence is recommended

- **At Home Science – Mad Science**
  [https://www.madsciencepromo.com/athomeexperiments?fbclid=IwAR0sGCgtgKKMCNHzXBiTa8nT5X0LtqWXOOF_Pccimzce202g_wdpnPB50](https://www.madsciencepromo.com/athomeexperiments?fbclid=IwAR0sGCgtgKKMCNHzXBiTa8nT5X0LtqWXOOF_Pccimzce202g_wdpnPB50)
  Science activities for children 3+ - Requires mostly household items and adult or older child (MS-HS) support
• **PBS Play and Learn Science**
  [https://pbskids.org/apps/play-and-learn-science-.html](https://pbskids.org/apps/play-and-learn-science-.html)
Ages 2 – 5 – 15 engaging games covering core topics in Earth Science, Physical Science, and Life Science - Parent section with tips for parent-child engagement and activities for extending the learning into the real world - Developed in collaboration with early childhood experts - Completely bilingual (English/Spanish)

**MATH**

• **Math Playground**
  [https://www.mathplayground.com/](https://www.mathplayground.com/)
Games for 1st to 6th grade - No adult assistance needed - Free teacher resources

**TOURS AND FIELD TRIPS**

• **Virtual Field Trips**
  [https://docs.google.com/document/u/0/d/1SvIdgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KR_Rku_w/mobilebasic?fbclid=IwAR1S6qyTO2Kt0l30g1VL3h0zA55kyDVMt6vbDAZtbmB89FxZyP_rNQ6mLN0](https://docs.google.com/document/u/0/d/1SvIdgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KR_Rku_w/mobilebasic?fbclid=IwAR1S6qyTO2Kt0l30g1VL3h0zA55kyDVMt6vbDAZtbmB89FxZyP_rNQ6mLN0)

• **Tours of American Dairy Farms**

• **Cincinnati Zoo** – every day at 3pm they feature an animal of Facebook Live
  [https://www.facebook.com/cincinnatizoo](https://www.facebook.com/cincinnatizoo)
All ages

• **Cincinnati Zoo Daily Digital Safari**
All ages

• **20 VIRTUAL FIELD TRIPS TO TAKE WITH YOUR KIDS**
Virtual tours of Museums, Zoos, Aquariums, Historic Sites – There are suggested activities that go along with each locations. Parental assistance may be needed for technology.

• **Virtual Museum Tours**
View tours of 12 Museums from around the world – Parental assistance may be needed.
• Virtual Tours of National Parks
  https://kitchenfunwithmy3sons.com/30-national-parks-virtual-tours/
  View natural wonders all over the United States – Parental assistance may be needed for technology.