

Child Care Resources of Rockland, Inc. proudly presents

44th Annual Early Childhood and School Age Care Conference

**Saturday, November 3, 2018
7:30 am - 5:00 pm**



The Early Years are Learning Years

A Professional Development Opportunity for Early Childhood
and School Age Care Educators

at

St. Thomas Aquinas College
Romano Student Alumni Center
125 Route 340
Sparkill, New York 10976



Child Care Resources of Rockland, Inc.

info@rocklandchildcare.org
childcarerockland.org
845.425.0009

SPONSORED BY ASSEMBLY MEMBER KEN ZEBROWSKI



CAMPUS TOUR

1. Romano Student Union Center
 - 1a. Bookstore
 - 1b. Student Development
2. Marian Gardens
 - 2a. Naughton Hall

3. Maguire Hall
 - 3a. Sullivan Theatre
4. Aquinas Hall
 5. Gymnasium & The Kraus Fitness Center
6. Costello Hall
 - 6a. Azarian-McCullough Art Gallery
 - 6b. Science Labs

7. Spellman Hall
 - 7a. Registrar
 - 7b. Communications Studio
 - 7c. Computer Labs (Digital Imaging Lab, Language Lab, General Labs)
 - 7d. Loughheed Library & The Bloomberg Professional Lab
 - 7e. Financial Aid
 - 7f. Admissions

8. Aquinas Village Residence Halls
9. McNeil Commons Residence Halls
10. McNeil Commons Dining Hall
11. Borelli Hall
 - 11a. Business Office & Human Resources
12. Spartan Athletic Complex (1/4 mile from campus)
13. Palisades Credit Union Park - Home to Spartan Baseball Team (20 minutes from campus)

Key Note: Working with Children to Sculpt a Better World



CONFERENCE SCHEDULE

7:30-8:30—Breakfast/Registration

8:30-10:00—Welcome/Keynote

10:15-12:15— AM Workshops

12:15-1:30—Lunch/Book Signing

1:45-3:45—PM Workshops

4:00-5:00—Optional Workshop

CONFERENCE LOCATION

St. Thomas Aquinas College

Romano Student Alumni Center

125 Route 340, Sparkill, NY 10976

HOW TO REGISTER

Please complete the registration form, then cut out and mail with payment to CCRR, 235 N. Main St., Suite 11, Spring Valley, NY 10977; fax with credit card information to 845.425.5312, or register on our website: childcarerockland.org.

DISCLAIMER: The views and opinions expressed by workshop presenters are their own and do not necessarily reflect those of CCRR.



Special THANKS....



...to Assembly
Member **Ken Zebrowski** for
sponsoring this year's conference!

Target Audience for Workshops:

IT – Infant/Toddler
PS – Preschool
SA – School Age

D – Directors/Supervisors
OCFS – Office for Children & Family Services
CBK – Core Body of Knowledge

KEYNOTE: WORKING WITH CHILDREN TO SCULPT A BETTER WORLD

When we work with young children, we can create a safe, special place for them by protecting their rights to feel, belong, create, explore and discover. Brain research has proven that our interactions with children help create essential pathways in their brains, so we know that how we work with children on a daily basis deeply affects their future. When our approach to our interactions with young children makes them feel valued and respected, we are setting the foundation for a better world – that is the magic wand! As an early childhood professional community, let us take this time to consider what we say, and evaluate the experiences we offer to young children. **(All)** **(OCFS:** Child Development)
(CBK: Child Growth and Development)

Presenter: *Cindy Terebush*, Early Childhood Consultant, Presenter and Author

AM WORKSHOPS: 10:15 AM -12:15 PM

1A. PROJECT, CRAFT AND ART – THEY ARE NOT THE SAME!

Take a deeper dive into common preschool activities and what they teach children. For many years, we have used the words project, craft and art interchangeably. They are not actually the same. Experience the difference through hands on activities and discover the differences in what children learn from each. **(All)** **(OCFS:** Program Development, Safety and Security) **(CBK:** Family and Community Relations, Environment and Curriculum)

Presenter: *Cindy Terebush*, Early Childhood Consultant, Presenter and Author

2A. BREATHE EASY: USING MINDFUL BREATHING FOR SELF- REGULATION AND CLASSROOM MANAGEMENT

In this participatory workshop, participants will learn how the way we breathe impacts us physically, mentally and emotionally. Breathing techniques (including laughter and singing) will be taught and practiced to gain firsthand experience of their power to calm, balance and boost their energy. Suggestions for how to use mindful breathing for ourselves, with children and in interpersonal communications with colleagues, staff and parents will be discussed. **(All)** **(OCFS:** Child Development, Nutrition and Health, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum, Health, Safety and Nutrition)

Presenter: *Beth Bierko*, Co-Owner , Beth & Scott and Friends

3A. DEVELOPMENTAL DISCIPLINE: AN INDIVIDUALIZED APPROACH TO CLASSROOM MANAGEMENT

Developmental Discipline involves observation, self-reflecting, individualizing interventions and building positive classroom communities to prevent or minimize conflicts and behavior challenges. Workshop participants will be asked to reflect on their practice and replace commonly used discipline techniques that do not work with those that are specifically targets to the developmental needs of individual children. Effective strategies for responding to children's inappropriate behavior will be shared. **(All)** **(OCFS:** Child Development) **(CBK:** Child Growth and Development, Family and Community Relationships, Observation and Assessment, Environment and Curriculum)

Presenter: *Eileen Flicker*, Quality Improvement Specialist/Educational Consultant/Author

4A. SIGN LANGUAGE WITH CHILDREN

This participatory workshop will provide you with sign language to use in your program with children from infants to school-agers. Basic signs will be taught including alphabet signs so that older children can learn to spell their names! Songs and books with sign language will be shared. This is a skill that children and adults enjoy! Back by popular demand! **(I, T, PS, SA)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum) **Presenter:** *Barbara J. Wright*, Education Consultant

5A. TOOL UP! INVESTING IN INFANT/TODDLER QUALITY ENVIRONMENTS

High quality care means having a rotation of engaging materials available and accessible to infants and toddlers. Whose job is it to make these available and whose job is to make them accessible? Explore evidence based ways to choose, display and rotate materials so everyone knows whose job it is to find all the puzzle pieces and where to store them at the end of the day. This workshop applies to you, whether you are an owner, leader, director, family child care provider or center staff caring for infants and toddlers. Come prepared to choose and arrange materials; leave with a portfolio of tools to support 8 different activities across 12 months of learning! **(D, I, T)** **(OCFS:** Child Development, Program Development) **(CBK:** Environment and Curriculum) **Presenter:** *Cynthia Soete*, Infant/Toddler Specialist

6A. YOU ARE THE SONG LEADER! GUITAR AND UKULELE ACCOMPANIMENT FOR SINGING WITH YOUNG CHILDREN

Playing guitars/ukuleles in your program is a skill that can enhance your practice with harmony, curiosity, joy and satisfaction for years to come. This workshop will get you started on this long term goal! Bring your instrument if you have one and the presenter will have a few on hand to borrow! This workshop is especially welcoming to total beginners and those who don't necessarily feel comfortable singing out loud! Limited to 10 participants. **(All)** **(OCFS:** Program Development) **(CBK:** Environment and Curriculum)

Presenter: *Betsy Blatchly*, Music Specialist/Therapist, Bank Street Family Center

7A. SUPPORTING LEARNING IN SAC PROGRAMS

After school programs are in a unique position to support children's development in a variety of enriching ways. This workshop will provide a look at inexpensive, easy to prepare activities that reinforce children's learning in math, science, literacy, social development, and the arts, as well as strengthen their gross motor skills. You will leave with directions that include supplies needed, time involved, staff roles, purpose of the activity and in some cases extended ideas. **(S)** **(OCFS:** Program Development) **(CBK:** Environment and Curriculum)

Presenter: *Elaine Trotta*, Director of Program Standards and Support Services, CCRR

★ 12:15-1:30pm: LUNCH AND BOOK SIGNING WITH CINDY TEREKUSH + EILEEN FLICKER ★

PM WORKSHOPS: 1:45 AM –3:45 PM

8P. BREATHE EASY: USING MINDFUL BREATHING FOR SELF- REGULATION AND CLASSROOM MAN-

AGEMENT In this participatory workshop, participants will learn how the way we breathe impacts us physically, mentally and emotionally. Breathing techniques (including laughter and singing) will be taught and practiced to gain firsthand experience of their power to calm, balance and boost their energy. Suggestions for how to use mindful breathing for ourselves, with children and in interpersonal communications with colleagues, staff and parents will be discussed. **(All)** **(OCFS:** Child Development, Nutrition and Health, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum, Health, Safety and Nutrition)

Presenter: *Beth Bierko*, Co-Owner , Beth & Scott and Friends

9P. RIGOROUS & DEVELOPMENTALLY APPROPRIATE LEARNING

Pre-school educators face increasing pressure to be highly academic. Yet research informs us that a play-based, developmentally appropriate curriculum is best practice in early education. This workshop helps preschool educators create learning environments that are simultaneously cognitively rigorous and developmentally appropriate. Participants will engage in reflection, small and whole group discussions and will plan activities that promote children's inquiry, exploration and discovery. **(PS)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum)

Presenter: *Eileen Flicker*, Quality Improvement Specialist/Educational Consultant/Author

To teach is to touch a Life Forever.

PM SESSION: 1:45 PM –3:45 PM, continued

10P. Incorporating Math Skills through Everyday Activities

Math is a part of our daily experiences. We categorize and classify, sequence and pattern, count and use shapes every day. See how we can help children expand their math skills and learning in this interactive presentation. **(PS, SA)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum)

Presenter: *Barbara Wright*, Education Consultant

11P. “Let’s Talk About ...what’s on your mind.”

Directors/Supervisors – You don’t get a chance to meet and just talk about the issues that confront you on a daily/monthly/yearly basis! Questions and issues that we might want to discuss today include “How do we motivate staff?” “What are some strategies to retain staff?” “How do we deal with staff conflict?” “What about those parents?” How do we support developmentally appropriate practices?” “And all that paper work!” LET’ S TALK! Share ideas and frustrations, and see that you are not alone! **(D)** **(OCFS:** Program Development, Business) **(CBK:** Administration and Management) **Presenter:** *Ellen Mitchell*, CDA Coordinator, Special Needs Coordinator, Quality Enhancement Specialist, CCRR

12P. Music and Movement: Their Importance in Our Diverse Culture

A great way to bring diversity to your program is by learning multicultural songs in different languages. Learn songs in Swahili, French, Italian, Spanish and Italian as you dance, play instruments and use props such as streamers and scarves. See how to extend music and movement into crossing the midline and using full body movements. A music book will be given to each participant! **(I, T, PS, S)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum)

Presenter: *Angela H.Bayer-Persico*, Director, Little Angels Child Development Center, Yonkers

13P. Books to Grow On: Using Books in Infant/Toddler Rooms to Create Quality Interactions

Quality books for Infants and Toddlers should be appropriate, accessible and available for much of their day in your care. What makes a quality book for infants and toddlers? How do you ensure that you have a wide selection of books? Learn ways to sort books to make them available and accessible to the children daily to help them grow their language skills and love of books. Each workshop participant will go home with a free book! **(I, T)** **(OCFS:** Child Development, Program Development) **(CBK:** Environment and Curriculum)

Presenter: *Cynthia Soete*, Infant/Toddler Specialist

14P. You are the Song Leader! Guitar and Ukulele Accompaniment for Singing with Young Children

Playing guitars/ukuleles in your program is a skill that can enhance your practice with harmony, curiosity, joy and satisfaction for years to come. This workshop will get you started on this long term goal! Bring your instrument if you have one and the presenter will have a few on hand to borrow! This workshop is especially welcoming to total beginners and those who don't necessarily feel comfortable singing out loud! Limited to 10 participants.

(All) (OCFS: Program Development) (CBK: Environment and Curriculum)

Presenter: *Betsy Blatchly*, Music Specialist/Therapist, Bank Street Family Center

4:00-5:00 pm—Optional Workshop

You Sing a Song and I'll Sing a Song and We'll Sing a Song Together!

Let's end the day singing together in full sound of dedicated Early Childhood /School Age staff. We'll sing, dance and learn some new songs! Have fun as you learn new music to bring back to your program. You are welcome to record as we sing and play. Bring your guitar or ukulele if you want to practice! Song lyrics will be provided. Song requests sent in advance of the conference are welcome! Please send them to debbies@rocklandchildcare.org . **(All)**

(OCFS: Program Development) (CBK: Environment and Curriculum)

Presenter: *Betsy Blatchly*, Music Specialist/Therapist, Bank Street Family Center



THANKS TO THE GENEROUS SUPPORT OF ASSEMBLY MEMBER

KEN ZEBROWSKI, WE ARE ABLE TO OFFER THE LOW CONFERENCE FEE OF \$15.00.

CONFERENCE FEE INCLUDES breakfast, lunch, workshops, camaraderie, and networking!

Attend the keynote, the morning and afternoon workshops, and earn 5 training hours.

BONUS! Participate in the free, optional workshop and receive an additional training hour!

EXTRA BENEFIT! All attendees will receive a free training coupon for 2019 (excludes Red Cross, Health & Safety, and MAT).

REGISTRATION FORM

CONFERENCE SCHEDULE

7:30-8:30—Breakfast/Registration • **8:30-10:00**—Welcome/Keynote

10:15-12:15—AM Session • **1:45-3:45**—PM Session

12:15-1:30—Lunch/Book Signing • **4:00-5:00**—Optional Workshop

Name _____

Address _____

Cell Phone _____

Program _____

Work Phone _____

Email _____

INDICATE 1ST AND 2ND CHOICES FOR AM SESSION AND PM SESSION:

AM Session: 1, 2, 3, 4, 5, 6, 7

1st _____ 2nd _____

PM Session: 8, 9, 10, 11, 12, 13, 14

1st _____ 2nd _____

☐ **I WILL ATTEND THE FREE, OPTIONAL WORKSHOP**

☐ **My \$15 payment (check) is enclosed.**

Charge my credit card: *Visa/MC/Discover*

Card Number _____

Expiration Date / Security Code: _____

Billing Address _____

Signature _____

Child Care Resources of Rockland, Inc.

Our mission is to promote, support and enhance the healthy development of all children by:

- Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;
- Offering training, support and resources to the early care and education workforce as well as public and private schools;
- Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;
- Advocating for increased investment in quality child care and education;
- Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.

We are a membership organization made up of over 2,000 individuals. We urge you to become a member to support our efforts; our strength is largely due to your support. With your paid membership, you receive special rates for professional development, and our newsletter *Rockland Child Care News*. *Please become a member today!* Call 845-425-0009, x0 or sign up at childcarerockland.org



DIRECTIONS TO ST. THOMAS AQUINAS COLLEGE: 125 Route 340, Sparkill, NY 10976

FROM NEW YORK CITY VIA THE GEORGE WASHINGTON BRIDGE: Bear right crossing the George Washington Bridge, following signs to the Palisades Interstate Parkway. Travel north to Exit 5N (Orangeburg-Route 303 North). Follow the local directions below.

FROM NEW JERSEY AND PENNSYLVANIA VIA GARDEN STATE PARKWAY: Follow the Garden State Parkway to the end onto the New York State Thruway. Follow the New York State Thruway to Exit 13 South (Palisades Interstate Parkway South). Travel south to Exit 5N. Follow the local directions below.

FROM WESTCHESTER AND CONNECTICUT VIA MARIO CUOMO (TAPPAN ZEE) BRIDGE: Take the New York State Thruway to Exit 13S. Follow Palisades Parkway south to Exit 5N, and follow local directions below.

FROM UPSTATE NEW YORK VIA ROUTE 17 (SOUTH): Take Route 17 South to the New York State Thruway. Follow the New York State Thruway to Exit 13S. Take Palisades Parkway south to Exit 5N. Follow the local directions below.

LOCAL DIRECTIONS: Coming off the Palisades Parkway, bear right off the ramp and go north on Route 303 to the second traffic light. Turn right onto Route 340. Follow Route 340 to the first traffic light and turn left into the Main Campus entrance. Park in the parking lot adjacent to the tennis courts.

CONFERENCE REGISTRATION LOCATION: Romano Student Alumni Center

Child Care Resources of Rockland, Inc.

235 N. Main Street, Suite 11
Spring Valley, NY 10977

Non-Profit Org
Presorted Standard
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Monsey, NY 10952

RETURN SERVICE REQUESTED



For 44 years, Child Care Resources of Rockland, Inc. has held firm in its commitment to build capacity, improve quality, and facilitate access to early care and education services in our community.

This investment in our youngest children will give them the chance to build strong futures, strengthen their families, and help to grow our economy.

P: 845.425.0009 | F: 845-425-5312
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childcarerockland.org

