

*Child Care Resources of Rockland, Inc. and the Early Childhood Program
at Rockland Community College
proudly present*

43rd Annual Early Childhood and School Age Care Conference

**Saturday, November 4, 2017
7:30 am - 5:00 pm**



The Early Years are Learning Years

A Professional Development Opportunity for Early Childhood
and School Age Care Educators

at

**Rockland Community College
Cultural Arts Building
145 College Road, Suffern, NY 10901**



Child Care Resources of Rockland, Inc.

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childcarerockland.org
845.425.0009

SPONSORED BY ASSEMBLY MEMBER KEN ZEBROWSKI

Lighten Up! Humor is FUNdamental to Providing Quality Care to Young Children

CONFERENCE SCHEDULE

7:30-8:30—Breakfast/Registration/Vendors
8:30-10:00—Welcome/Keynote
10:15-12:15— AM Session
12:15-1:30—Lunch/Vendors
1:45-3:45— PM Session
4:00-5:00—Optional Workshop

CONFERENCE LOCATION

Rockland Community College, Cultural Arts Building
145 College Road, Suffern, NY 10901 (see directions on page 10)

HOW TO REGISTER

Please complete the registration form, cut out, and mail with payment to CCRR, 235 North Main St., Suite 11, Spring Valley, NY 10977; fax with credit card information to 845.425.5312, or register on our website: childcarerockland.org.

DISCLAIMER: The views and opinions expressed by the workshop presenters are their own and do not necessarily reflect those of Child Care Resources of Rockland.



**Special
THANKS...**



**...to Assembly
Member Ken Zebrowski for
sponsoring this year's conference!**

Target Audience for Workshops:

IT – Infant/Toddler
PS – Preschool
SA – School Age

D – Directors/Supervisors
OCFS – Office for Children & Family Services
CBK – Core Body of Knowledge

KEYNOTE: LIGHTEN UP! HUMOR IS FUNDAMENTAL TO PROVIDING QUALITY CARE TO YOUNG CHILDREN

See how keeping your sense of humor helps early childhood and school age care providers provide quality care and education day after day – even on those *tough* days and gives you the resilience needed to cope with the challenges sometimes offered by young children. Hear how you can manage episodes of upset/anger in young children. Be prepared to laugh along the way! (**All**) (**OCFS**: Child Development, Health and Nutrition, Identification and Prevention of Child Abuse) (**CBK**: Child Growth and Development, Health, Safety and Nutrition, Professionalism and Leadership)

Presenter: *Paul McGhee*, President, The Laughter Remedy

AM SESSION: 10:15 AM -12:15 PM

1. THE PLAYFUL BRAIN: UNDERSTANDING THE DEVELOPMENT OF HUMOR IN YOUNG CHILDREN

Learn basic developmental changes in young children's humor from infancy to about age seven. Discuss how humor contributes to key gains in social, emotional and cognitive development. Hear how you can support the development of humor in the children in your program (**All**) (**OCFS**: Child Development) (**CBK**: Child Growth and Development)

Presenter: *Paul McGhee*, President, The Laughter Remedy

2. SCIENCE FOR INFANTS AND TODDLERS

Infants and toddlers are learning more quickly than at any other time in their lives and science is happening all around them! Learn how to harvest opportunities to expand and document science learning for young children. You will receive recipes and have the opportunity to create science materials. Children and parents will be delighted! (**IT**) (**OCFS** – Child Development, Program Development) (**CBK**- Child Growth and Development, Environment and Curriculum)

Presenter: *Sandra M. Arasim*, Infant and Toddler Specialist, Child Care Council of Westchester

3. TRANSFORM YOUR TRANSITIONS!

Transitions are powerful tools! They can promote independence, extend lessons and create a positive classroom community. In this workshop, you will practice and share dynamic transition ideas to maintain a smooth learning environment, reduce the number of interruptions, keep children on task, limit wait time and encourage activities to flow from one to another with ease. There will also be an opportunity to reflect on how you incorporate transitions into your program, how effective that is and to try out new transitional techniques. **(PS)** **(OCFS:** Child Development, Program Development) **(CBK:** Environment and Curriculum)

Presenter: *Monica Levy*, Director, Leapsmart

4. TEACHING EMOTIONAL INTELLIGENCE: IT'S ABOUT MORE THAN MAD, SAD, HAPPY, SCARED AND SURPRISED!

When we tell children not to cry or tell scared children not to be afraid, we invalidate their normal emotions. Prioritizing lessons about emotional intelligence demonstrates our respect for the whole child and helps children to feel more confident in their abilities. Learn to increase your use of emotion vocabulary when interacting with children, improve your responses to their emotions and discuss techniques that teach mindfulness and self-regulation. **(PS)** **(OCFS:** Child Development, Health) **(CBK:** Child Growth and Development; Health, Safety and Nutrition)

Presenter: *Cindy Terebush*, Early Childhood Consultant and Author

5. BIGGER BRAINS THROUGH MUSIC AND MOVEMENT

Did you know that music and movement in early childhood contribute to bigger and faster brains? In this interactive workshop, you will learn fun, new ways to use music to engage, manage behavior and help foster growth, learning and ...brain development! Principles of child development with relevant musical interventions will be presented. **(I, T, PS, SA)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum)

Presenter: *Jeffrey Friedberg*, MT-BC, LCAT, Music Therapist

6. SIGN LANGUAGE WITH ALL CHILDREN

This participatory workshop will provide you with sign language to use in your program with children from infants to school-agers. Basic signs will be taught including the alphabet so older children can learn to spell their names! Songs and books will be shared. This is a skill that children and adults enjoy! **(IT, PS, SA)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum)

Presenter: *Barbara J. Wright*, Education Consultant

7. ENGAGING AND EMPOWERING THE NEW MAJORITY: INCLUDING DIVERSE FAMILIES

This session will provide an opportunity to learn and understand the culturally, linguistically and economically diverse families in your programs. Strategies and resources will be shared, resulting in participants having greater tools to provide and promote “engagement and empowerment of the new majority” in all aspects of children’s development and education, including English language learners and English language learner’s with disabilities. **(All)** **(OCFS:** Child Development, Safety and Security) **(CBK:** Family and Community Relationships)

Presenter: *Luarben Bencosme*, Bilingual Outreach Specialist, Westchester Institute for Human Development

8. YOGA, MINDFULNESS AND SCHOOL AGE CHILDREN

You may have heard a lot about yoga and mindfulness. Are you wondering if they could benefit your school age children? Are you unsure of what the benefits are? This workshop will provide the framework for integrating yoga into your program, even if you can’t touch your toes! Come and explore the research behind these practices. Be prepared to move, laugh and leave with the tools necessary for sharing your experiences with fellow teachers/providers, administrators, families and children. **(SA, D)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Environment and Curriculum)

Presenter: *Elizabeth Rodano*, Early Childhood Quality Specialist, Child Care Council of Westchester

9. I THINK I CAN! I THINK I CAN! UNDERSTANDING THE IMPORTANCE OF TEACHERS’ SELF-EFFICACY

Have you ever wondered what motivates your teachers to engage in some teaching tasks and avoid others? One way of understanding your teachers’ practices is through the lens of self-efficacy theory. This workshop will help you understand how teachers make instructional choices and how you support their belief in their own capability as a teacher. Result: more confident teachers! **(D)** **(OCFS:** Program Development, Business) **(CBK:** Administration and Management)

Presenter: *Kit SaizdeLaMora*, Doctoral Candidate, Montclair State University, NJ

Who dares to teach MUST never cease to learn.

- John Cotton Dana

PM SESSION: 1:45 PM –3:45 PM

10. THE 7 HUMOR HABITS PROGRAM: LEARNING TO USE HUMOR TO COPE

The 7 Humor Habits Program will help you determine the nature of your own sense of humor and how you can develop the basic foundation skills for a good sense of humor. Then see how you can extend those skills/habits to manage the daily stress that goes with one's personal life and with the stress that (sometimes) comes with working with young children! **(All)** **(OCFS:** Child Development, Business, Identification and Prevention of Child Abuse) **(CBK:** Child Growth and Development, Health, Safety and Nutrition, Professionalism and Leadership)

Presenter: *Paul McGhee*, President, The Laughter Remedy

11. BUILDING TRUSTING RELATIONSHIPS WITH FAMILIES OF INFANTS AND TODDLERS

Do you ever wonder what in the world your program families are thinking? Want to find out? Delve into the foundation of relationship building, common concerns for families and the value of asking questions. Explore strategies that promote valuable relationships that benefit you, the children and their families! **(IT)** **(OCFS:** Program Development, Safety and Security) **(CBK:** Family and Community Relationships)

Presenter: *Sandra M. Arasim*, Infant and Toddler Specialist, Child Care Council of Westchester

12. GOING BEYOND FEELING FACES: CREATING EMOTIONALLY RESPONSIVE INFANT AND TODDLER CLASSROOMS

Teachers and providers striving to support the social and emotional development of the children in their care continually seek new tools and practical strategies to use in their classrooms. In this workshop, using hands on activities and interactive discussion, we will examine the forces that influence the social and emotional development of infants, toddlers and twos, and provide practical techniques for maximizing classroom routine, curriculum and adult-child interactions within the framework of emotionally responsive practice. **(IT)** **(OCFS:** Child Development, Program Development) **(CBK:** Child Growth and Development, Health and Nutrition, Environment and Curriculum, Health, Safety & Nutrition)

Presenter: *Gabriel Guyton*, Instructor/Advisor, Bank Street College

13. BUILD A BRAIN: PLAY THE RENOWNED BRAIN ARCHITECTURE GAME!

Play the “Brain Architecture Game” to discover how positive events, tolerable stress and toxic stress impact the development of the brain. You will experience the impact that events and adults can have on the brain in this fun, hands on session! Come, learn and be a brain architect! **(IT, P)** (**OCFS:** Child Development, Health and Nutrition, Identification and Prevention of Child Abuse) (**CBK:** Child Growth and Development; Health, Safety and Nutrition)

Presenter: *Cindy Terebush*, Early Childhood Consultant and Author

14. MI CASA-MEIN HAUS-MA MAISON: STRATEGIES FOR SUPPORTING DUAL-LANGUAGE LEARNERS

Mi casa, mein haus, ma maison: Different phrases, one meaning. In this workshop, we will explore how young children who are learning multiple languages develop language and literacy skills. Discover how you can support these learners without prior knowledge of their home language and best practices for creating a responsive classroom environment. **(IT, PS, SA)** (**OCFS:** Child Development, Program Development) (**CBK:** Child Growth and Development, Observation and Assessment, Environment and Curriculum)

Presenter: *Elizabeth Rodano*, Early Childhood Quality Specialist, Child Care Council of Westchester

15. EXPLORING CORE PRINCIPLES FOR INCORPORATING A REGGIO INSPIRED PHILOSOPHY IN AN EARLY CHILDHOOD PROGRAM

In this interactive workshop, participants will explore core principles for incorporating a Reggio Emilia inspired educational philosophy in their early childhood program. Learn strategies for building learning environments that foster inquiry based learning and strong relationships. Explore incorporating a co-constructive teaching approach in which the educators honor children as competent learners and communicators. **(IT, PS)** (**OCFS:** Child Development, Program Development) (**CBK:** Child Growth and Development; Environment and Curriculum)

Presenters: *Hayley C. Richard*, Early Childhood Educator, Head Teacher 2’s and 3’s, Kaplan Nursery School, and *Alex Reynolds*, Early Childhood Educator, Head Teacher 2s and 3s, JCC Manhattan Nursery School

16. MUSIC FOR ALL CHILDREN

Enhance your program through fun and engaging songs and movement activities in English, Spanish and French! Sing new songs and be reminded of old favorites! Move and sing and have fun, taking back songs and activities to use immediately in your program. Bring a recording device! **(IT, PS, SA)** **(OCFS:** Program Development) **(CBK:** Environment and Curriculum)

Presenter: *Barbara J. Wright*, Education Consultant

17. SPOTLIGHT ON STRENGTHENING YOUR LEADERSHIP SKILLS!

Explore your leadership skills from a strength based perspective through discussion and hands-on activities. As your awareness is heightened, there will be an opportunity to tweak your leadership skills in order to best meet the individual professional needs of staff, the demands of the organization and fulfill your commitment to the children and families you serve. **(D)** **(OCFS:** Business) **(CBK:** Administration and Management)

Presenter: *Cindy Sobel*, Coordinator of Professional Development, Bergen County Office for Children, Hackensack, NJ

OPTIONAL WORKSHOP: 4:00 PM—5:00 PM

PLAYING COOPERATIVE GAMES WITH ALL PEOPLE!

Cooperative games are an opportunity for people of all ages and backgrounds to come together in mutual friendship and fun, and to see the commonalities we have when we work together—and have fun doing it! Come to this last workshop of the day to play and learn cooperative games to use with children and adults alike! **(ALL)** **(OCFS:** Program Development) **(CBK:** Environment and Curriculum)

Presenter: *Alan Berger*, Director, Peace Through Play Nursery School



THANKS TO THE GENEROUS SUPPORT OF ASSEMBLY MEMBER KEN ZEBROWSKI, WE ARE ABLE TO OFFER THE LOW CONFERENCE FEE OF \$15. Conference fee includes breakfast, lunch, workshops, camaraderie, and networking! Attend the keynote, the morning and the afternoon workshops, and earn 5 training hours.

BONUS: Participate in the free, optional workshop and receive an additional training hour!

EXTRA BENEFIT: All attendees will receive a free training coupon for 2018 (excludes Red Cross, Health & Safety, and MAT).

Child Care Resources of Rockland, Inc.

Our mission is to promote, support and enhance the healthy development of all children by:

- Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;
- Offering training, support and resources to the early care and education workforce as well as public and private schools;
- Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;
- Advocating for increased investment in quality child care and education;
- Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.

We are a membership organization made up of over 2,000 individuals. We urge you to become a member to support our efforts; our strength is largely due to your support. With your paid membership, you receive special rates for professional development, and our newsletter *Rockland Child Care News*. *Please become a member today!*



DIRECTIONS TO ROCKLAND COMMUNITY COLLEGE: 145 College Road, Suffern, NY 10901

FROM TAPPAN ZEE BRIDGE OR ORANGE COUNTY: NYS Thruway to Exit 14B (Airmont) to Airmont Road (right if coming from the south, left if coming from north) Airmont becomes High View Ave. Turn left on College Road and left into college entrance.

FROM HAVERSTRAW, STONY POINT, WEST POINT, POINTS NORTH: Take Route 202 West past the Palisades Interstate Parkway. Turn left at 3rd traffic light after the Parkway onto Route 306. Turn right at 3rd traffic light: Viola Road. Turn left at next traffic light: College Road. The campus is the next right.

FROM G. WASHINGTON BRIDGE, ORANBURG, POINTS SOUTH: Palisades Interstate Parkway North to Exit 9W onto NYS Thruway (toward Albany) to exit at 14B (Airmont Road) and follow the directions above.

FROM SLOATSBURG, TUXEDO, POINTS NORTHWEST: Route 17 South to NYS Thruway South. Follow directions above.

FROM NEW JERSEY: Garden State Parkway to NYS Thruway West (toward Albany) to Exit 14B. Follow directions above.

CONFERENCE LOCATION: Cultural Arts Building **PARKING:** Available by the Field House

REGISTRATION FORM

CONFERENCE SCHEDULE

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1:45-3:45—PM Session

4:00-5:00—Optional Workshop

Name _____

Address _____

Cell Phone _____

Program _____

Work Phone _____

Email _____

INDICATE 1ST AND 2ND CHOICES FOR AM SESSION AND PM SESSION:

AM Session: 1, 2, 3, 4, 5, 6, 7, 8, 9

1st____ 2nd____

PM Session: 10, 11, 12, 13, 14, 15, 16, 17

1st____ 2nd____

I WILL ATTEND THE FREE, OPTIONAL WORKSHOP

My \$15 payment is enclosed.

Charge my credit card: *Visa/MC/Discover*

Card Number _____

Expiration Date / Security Code: _____

Billing Address _____

Signature _____

Child Care Resources of Rockland, Inc.

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RETURN SERVICE REQUESTED



For 43 years, Child Care Resources of Rockland, Inc. has held firm in its commitment to build capacity, improve quality, and facilitate access to early care and education services in our community.

This investment in our youngest children will give them the chance to build strong futures, strengthen their families, and help to grow our economy.

P: 845.425.0009 | F: 845-425-5312
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Child Care Aware® of America Member

