

Rockland Child Care News

Child Care Resources of Rockland, Inc.

Why It Takes a Village to ~~Raise~~ Breastfeed a Child, and Why that Village Begins with YOU

By Sarah Amer, MS, RDN, CLC

Beginning in elementary school, we learn that humans are mammals and that mammals, by definition, nurse their young. I grew up with the notion that if humans are designed to breastfeed by nature, the ability to breastfeed must come naturally and instinctively to humans upon birth—just like it does with the rest of our mammalian friends. I then went through college surrounded by messages of how breastfeeding is the natural way to feed our babies, reinforcing my perception that breastfeeding came, well, naturally! Then I found out I would soon become a mother myself. The decision to “nurse my young” was obvious. The possibility of running into difficulties with my natural mammalian instincts had never once crossed my mind. After all, women have been breastfeeding successfully since the beginning of time. Just put a baby on a breast, and voila! Easy-peasy, right? But then I gave birth, and my baby was whisked away to the NICU shortly after his first breath. Our separation set the stage for a slew of breastfeeding complications that still haunt me nearly a decade later. What I went through life believing to be a natural, instinctive, so-easy-a-cavewoman-could-do-it process became the most difficult

struggle I would ever go through physically, mentally, and emotionally. I was unable to breastfeed my own baby, and I felt nothing short of a failure because of it. I was a failure as a mother. I was a failure as a nutritionist. Heck, I was even a failure as a mammal!



The Challenge of Breastfeeding Today

As I and countless other mothers discovered, the ability to start and continue breastfeeding does not come so naturally after all. The World Health Organization explains, “While breastfeeding is a natural act, it is also a learned behavior. An extensive body of research has demonstrated that mothers and other caregivers require active support for establishing and sustaining appropriate breastfeeding practices.” Why is something that was once a natural part of motherhood all of a sudden so complicated? A variety of obstacles in our current society contribute to this growing phenomenon. Current medical and healthcare practices, labor standards and workplace policies, socio-cultural norms and

Image: Rockland County's Breastfeeding Program and Support logo created by Olga Porumbaro

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September—December 2015

Mission Statement

Our mission is to promote, support and enhance the healthy development of all children by:

Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;

Offering training, support and resources to the early care and education workforce as well as public and private schools;

Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;

Advocating for increased investment in quality child care and education;

Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.

About Us

Child Care Resources of Rockland, Inc. is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Department of Health, the NYS Education Department and the United Way of Rockland County. Additional funding for Special Needs Services is provided by Family Support Services, Mental Health Services, and the Office for People With Developmental Disabilities. We are also supported by Rockland Community College and by our members.

Child Care Resources of Rockland, Inc. is Best Practices/Quality Assurance Certified by Child Care Aware of America demonstrating the competence in the field of Child Care Resource and Referral in New York State.

Contact us:

Child Care Resources of Rockland, Inc.
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Spring Valley, NY 10977

845-425-0009 | 877-425-0009
Fax: 845-425-5312

Hours: M-F 8:30 am—5:00 pm

info@rocklandchildcare.org
www.childcarerockland.org



Individual Health Care Plans: *Kristin G. Saunders, RN*

Due to the adoption of the revised OCFS regulations, many of you have heard that all modalities of child care are able to administer emergency medications without a waiver or MAT training. OCFS defines emergency medications as epinephrine auto-injector devices, diphenhydramine when prescribed for use in combination with the epinephrine auto-injector, asthma inhalers, or nebulizers when necessary to prevent or treat anaphylaxis or breathing difficulty for an individual child.

Let's discuss the requirements for a child you have in your care requiring emergency medication. For example, a child starting in your program is asthmatic and has an inhaler prescribed by his health care provider to be used when he is showing signs of wheezing, trouble breathing or shortness of breath.

What do you need to do as the child care provider?

First, you will need an Individual Health Care Plan for a Child with Special Health Care Needs completed by the child's health care provider and parent/guardian. A Written Medication Consent Form for the medication will also need to be completed by the child's health care provider as well as the parent/ guardian and child care provider. The medication provided by the parent must be in the original container with the pharmacy label affixed to it.

Once the medication and paperwork are matched up, the child care provider will need to be trained on the child's Individual Care Plan as well as the administration of the medication. The child's parent/guardian, health care professional or program's health care consultant can provide this training. The child care provider or caregiver must be 18 years of age, unless the administrant is the parent of the child, and must possess current CPR and First Aid training. This caregiver must be present during all the hours the child is in care and must be listed in the child's Individual Health Care Plan.

If you have another child who enrolls in the program who is also asthmatic and requires an inhaler, all staff who will care for the child must be trained on that child's Individual Care Plan and administration of their asthma medication. Each training by the parent/guardian, health care professional or health care consultant is child specific.

For questions regarding emergency medications and other health-related issues, please feel free to contact me at 845.425.0009, x493 or kirstins@rocklandchildcare.org

A Warm Welcome to all New and Renewed Licensed/Registered Child Care Programs

Family Child Care Programs

Maria Estevez
Charms Day School
Zipporah Kaufman
Lucy's Ladybugs Childcare
Nancy's Nest Daycare, LLC
Rachel Stern
T-Nee Angels

Child Care Centers

Children's Corner Learning Center
Haverstraw Day Care, Inc.
Here We Grow Childcare, Inc.
La Petite Academy
N.S.C.I.C. Kinderworld Head Start
Nyack's Little Schoolhouse/Daycare, Inc.
Rockland Worksite Day Care
Teacher Mommy Daycare, Inc.
Tender Loving Care
Tutor Time of New City
Viznitz Early Head Start
West Street Child Care Learning Center, Inc.

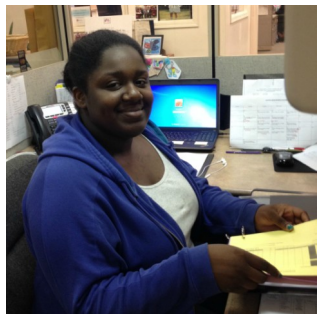
School Age Care Programs

YMCA at Laurel Plains Elementary
YMCA at Liberty Elementary
YMCA at Bardonia Elementary
YMCA at West Nyack Elementary

Group Family Child Care Programs

Karin L. Owens	Heather Osario
Shaindy Posenman	Helen T. Telesmanic
Rivka Chavoly	Rosamarie Bucci
Lidia S. Basher	Cindy Rosenberg
Maria Dowling	Jill M. Kunzmann
Chaya Tauber	Nancy M. Jasiel
Rosa Garcia	Velva F. Silva
Ivette M. Gonzalez	Reitzer Weinberger
Robin J. Korines	Chana Lewartowski
Lorna Levitin	Shahnaz Kauser
Carol Papalambros	Carolyn S. Wilson
Irma A. Pachter	Margulis Hirsch
Mindy B. Franzone	Nahomie Bien Aime

Thank You to Our Summer Interns



Monalisa Magustin (top) and Guerdy Rene (bottom) came to us through the Rockland County Youth Bureau Employment Program, a workforce preparation and placement program funded by the County of Rockland.

Throughout the summer, Monalisa and Guerdy have been performing several administrative tasks such as copying, filing, mailing, and assisting our staff members in the agency in many ways. Additionally, they have both been working on compiling statistics from surveys to help us with reporting requirements to our various funders.

Monalisa will continue to work with us during the school year, while Guerdy will be leaving to work in a local retail store. We wish Guerdy the best of luck and are grateful to both the girls for all their help!



UPK Training in Science: Which ones are the same? Teachers engaged in scientific inquiry skills.

Activity Corner for Infants and Toddlers

Foot Puppets ~ Activity for Infants

Materials

baby socks
colored non-toxic permanent markers
(adults only)

To Make

- Draw faces on baby socks and place them on the infant's feet.
- Use bright colored markers to add interest.

To Use

- Place the socks on an infant's feet.
- Comment on the foot puppets as the infant moves her feet.

Activity for Mobile Infants

Materials

brightly colored or patterned socks

To Make and Use

- Put a sock on your hand and touch the child's toes.
- Encourage him to touch his toes as you sing the song to the tune "Row, Row, Row Your Boat."
- This will be easier (and more fun) if the child is barefoot and seated on the floor

Toes, Toes

*Toes, toes, where are your toes?
Touch your toes right now.
Toes, toes, where are your toes?
Touch your toes right now.*

Sock Matching For Toddlers

Materials

pairs of colored and patterned socks basket

To Make and Use

- Mix socks together in a basket
- Children sort the socks to find matching pairs.
- Name the colors of the socks as children play.
- Some children will enjoy simply moving the socks from one place to another.

From *Making Toys for Infants and Toddlers*
by Linda G. Miller & Mary Jo Gibbs.

Submitted by *Maria Rivas*
CCRR Quality Enhancement Specialist

Infant and Toddler Corner

When to Contact an Infant Toddler Specialist

Do you have questions and/or concerns regarding the children in child care between the ages of six weeks and three years old?

Do you see infants and toddlers:

- Waiting too long for routines
- Expected to participate in activities at the same time such as art projects, circle and story times, etc.
- Left without adult interaction

Do you see environments where:

- Infants are being confined to equipment such as exersaucers, swing chairs, bouncy seats, and jumpers
- Toys and materials are not accessible to infants and toddlers
- Providers need assistance with creating a tummy time space and more freedom of movement for infants and toddlers
- Daily activities are more provider directed than child initiated

Are providers asking questions regarding:

- Continuity of care
- Primary care giving
- Behavior challenges—separation anxiety, biting, etc.
- Developmental concerns, early intervention
- Assistance setting up their space
- Implementing the new regulations

Infant Toddler Specialist Contact Info:

Westchester: Jennifer Sorby,
914.761.3456, x136
jennifers@cccwny.org

Dutchess/Ulster: Rosemarie Lawton
845.473.4141, x217
rlawton@childcaredutchess.org

Orange, Rockland and Sullivan:
Gerrie Joyce | 845.425.0009, x419
gerriej@rocklandchildcare.org

This list was compiled by *Jennifer Sorby*, Infant Toddler Specialist, and submitted by *Gerrie Joyce*, CCRR Special Needs Coordinator / Infant Toddler Specialist

Meet Our Summer College Intern

Melanie Konikoff: This summer I had the honor and pleasure of interning at Child Care Resources of Rockland. This experience has been beyond fulfilling for me.

I spent my time at the agency working with the Family Connections and Universal Prekindergarten Services department. The welcoming staff made me feel at home instantly. I found this internship extremely rewarding because both Kit Saiz, the Director of Family Connections and Universal Prekindergarten Services, as well as Jane Brown, the Executive Director, made sure that I would be able to experience and learn hands on about the child care field as much as possible and that is exactly what happened.



I am so appreciative to all of the staff at Child Care Resources of Rockland, especially to everyone in the Family Connections and Universal Prekindergarten Services department, for guiding me through this experience and making this summer one that I will remember forever.

Melanie, a senior at SUNY Oneonta, is completing a dual degree in Child/Family Studies and Sociology. We wish her much happiness and future success.

Free Seminars for Parents and Grandparents

Social Communication Milestones for Babies and Toddlers: 7:00-8:30 pm
Wednesday, September 9, 2015

You Can make a Difference in Your Pre-School Grandchild's Sensory Motor Development! 7:00-8:30 pm
Monday, December 7, 2015

Details at childcarerockland.org
845.425.0009 | info@rocklandchildcare.org

Why It Takes a Village to ~~Raise~~ Breastfeed a Child, and Why that Village Begins with YOU

by Sarah Amer, MS, RDN, CLC

Continued from cover.

stigmas, and media-propagated myths and misconceptions are just examples. Combined together, the need for breastfeeding support becomes even more imperative.

The story is in the numbers. New York mothers initiate breastfeeding with an impressive 80.5% of all newborns. The number drops to 37.1% of infants exclusively breastfed at three months, and then by almost another half to 17% at 6 months. So what is it that separates the 17% who do succeed from the rest? It is not a matter of luck or privilege or being “better mothers.” It is simply a matter of having that active support necessary to overcome the many barriers they will undoubtedly face.

Why Is Breastfeeding Such a Big Deal?

Breastfeeding plays a critical role in child growth, development, and survival, preventing the most common causes of infant illness and mortality, including a 36% reduction in the risk of SIDS. Breastfeeding helps protect against a wide range of acute illnesses, such as diarrhea, malnutrition, ear infections, and respiratory illnesses, as well as lifelong chronic diseases, such as obesity, asthma, food allergies, and diabetes. Breast milk provides all the nutrients an infant needs for the first six months of life. The composition of breast milk changes based on a baby's gestational age, time of day, and even within a feeding to meet the baby's ever-changing nutritional needs. Breast milk taste also changes from one feeding to the next based on the mother's diet. Exposure to a variety of tastes early on decreases the likelihood of picky eating later in life. The antibodies in breast milk also continually change, custom-tailored to protect against the germs in the baby's specific environment. Thanks to breast milk's composition and the bonding and skin-to-skin contact that come along with it, breastfeeding improves not only physical outcomes, but also academic, behavioral, social, and emotional outcomes—both in infancy and over the child's lifetime.

But the benefits don't end with infants. Breastfeeding helps mothers lose weight and protects against obesity, diabetes, osteoporosis, and several types of cancers. Breastfeeding hormones help improve mood, promote bonding, prevent post-partum depression, and even combat sleep deprivation. According to *The Business Case for Breastfeeding*, breastfeeding families also benefit financially, saving an average of \$3,000-\$4,000 per year.

But wait, there's more!

Child care providers also benefit greatly from breastfeeding babies in their programs. Breastfed babies are healthier and less likely to infect other children in the child care environment. This is important considering how easily germs spread in the child care environment. Being in child care has been found to double

the odds of needing antibiotics by 1.5 years. However, when exclusively breastfed for at least four months, there is a protective effect that lasts 2.5 years. Healthier babies are also easier to care for. Breastfed babies have less boogers, less spit-up, less stinky stools, and less constipation, colic, and fussiness. For child care providers on the CACFP program, NY State provides reimbursement for each breast milk feeding offered, meaning that providers actually *make* money from providing breast milk to infants.

An Opportunity for Child Care Programs

With breastfeeding being such a key predictor of child health and development outcomes, who better to champion its cause than the very people who care for children as a profession? The odds are stacked ever so highly against breastfeeding success, but with every challenge comes opportunity. The child care community holds ENORMOUS power when it comes to providing breastfeeding families the active support they need to succeed. It is interesting to note that the biggest drops we see in breastfeeding rates after initiation tie in directly with when mothers return to work and place infants in child care. This means that child care providers are uniquely positioned to reverse a huge chunk of the breastfeeding obstacles mothers commonly face.

It is estimated that 57% of mothers with infants are working mothers who will need to utilize child care for their babies. Sixty-one percent of infants and children are in a child care setting, where they spend an average of 32 hours each week. Considering all the feedings that take place with all those infants during all those hours, it is clear why child care programs are so uniquely positioned to influence the future of breastfeeding. When the mother cannot be present, it is in the hands of the child care provider to make the necessary arrangements to properly store, prepare, and feed expressed breast milk to the baby. When the mother can be present (such as at drop-off, pick-up, and work breaks), it is in the hands of the child care provider to allow for and support direct breastfeeding, an important practice associated with greater breastfeeding success.

In addition to the time with children, child care providers have regular face-to-face contact with families, offering plenty of opportunities for breastfeeding education, support, and advocacy (even before pregnancy when breastfeeding education should ideally begin). They can also provide mothers with the resources and confidence to ensure a supportive breastfeeding work environment that will allow mothers to continue breastfeeding. *The Business Case for Breastfeeding* resource, for example, can empower mothers with the knowledge that breastfeeding friendly

Continued on page 6.

practices are in the employer's best interest as well, generating a \$3 return for every \$1 invested.

By proactively supporting mothers throughout their breastfeeding journeys, child care providers play a huge role in allowing breastfeeding to continue upon returning to work. All in all, the efforts of child care programs to support breastfeeding go a long way. A major CDC/FDA study in 2012 found that **child care programs' support of breastfeeding mothers tripled the likelihood of breastfeeding at six months!**

Show Your Support & Become "Breastfeeding Friendly"

Breastfeeding Friendly Child Care initiatives encourage child care programs to support breastfeeding families. Programs that achieve certain standards of breastfeeding support are recognized with Breastfeeding Friendly certificates and the honor of being designated as "Breastfeeding Friendly." It has never been easier to join the movement. Rockland County child care programs can now pursue the designation both from the county and the state. While the requirements are similar for both, each initiative has its own unique benefits. For example, NY Breastfeeding Friendly programs are featured in a publicly searchable database and interactive map on the NY State Department of Health website. The state also now offers a free 30-minute online Breastfeeding Friendly training which providers can use to satisfy training requirements. Rockland County Breastfeeding Friendly programs will have the benefit of free on-site support by a lactation consultant. Laurie Messinger, BS, CWWS, IBCLC, is the county's Breastfeeding Promotion and Support Program Coordinator. In addition to direct support to providers, she offers free lactation education and support services to a center's breastfeeding clients and employees.

The Breastfeeding Friendly designation shows families that a

program is committed to quality child care and is a great way to attract new business while providing that lifeline of support breastfeeding mothers so desperately need. To get started, visit www.childcarerockland.org/breastfeedingfriendly.

Moms & Babies Need Our Help

After 119 long days after birth (yes, I counted!), my baby latched on directly on his first try for the very first time, without the pain, tears, and hours of agony and frustration we had grown accustomed to at every feeding prior. One hundred nineteen days is how long it took me to find the support I needed to overcome the obstacles in my breastfeeding path. While my early breastfeeding experience was the hardest thing I've ever gone through, it was also my biggest accomplishment. My baby was born prematurely, and my milk is what gave him a fighting chance. Thanks to the support of family, friends, lactation professionals, mother support groups, employers, and of course, the child care community, I was able to continue breastfeeding for two years. There is no way we would have made it on our own.

It really does take a village to successfully breastfeed a child. Breastfeeding can and should come naturally, but not without the right support. Moms need our help now more than ever. The burden to succeed at breastfeeding against so many odds should not be placed on mothers alone. Everyone benefits from a breastfed child and the responsibility to ensure a breastfeeding child's success is a job for everyone. Let us unite as a community and show breastfeeding mothers they have our support. Let us stop perpetuating the false hope of "You can do it!" and instead tell breastfeeding mothers what they really need to hear: "We can do it—together."

For more information, please contact Laurie Messinger: 845-364-3786 messingl@co.rockland.ny.us



As of August 2015, Rockland Worksite Day Care holds the distinction of being the first and only NY Breastfeeding Friendly Child Care Program in Rockland County. While a separate designated breastfeeding room is not required to be Breastfeeding Friendly, it is recommended as the ideal standard for supporting breastfeeding mothers. Rockland Day Care embraced this standard and repurposed an old office into a cozy breastfeeding space mothers may use to privately breastfeed or express breast milk. The breastfeeding room (left) has kept busy since its creation, with four mothers expecting to use it this fall. Mothers are also welcomed and encouraged to directly breastfeed their babies at the center before and after work and even during lunchtime visits. Director Maria Ceci finds that the environment not only promotes physical health, but also a sense of bonding that brings children and parents closer together. Supporting breastfeeding mothers "makes it overall better for the whole family" she says, "and what's good for the family is good for the child."

A New School Year Begins for Four Year Olds! Universal Prekindergarten and Statewide Full-day Prekindergarten

The 2015-16 school year is underway and many of the county's four-year-olds are entering an educational setting for the first time. CCRR has been contracted by seven school districts in Rockland County to administer services for Universal Prekindergarten (UPK) and Statewide Full-day Prekindergarten (SFDPK) children and their families. Both of these programs are funded by New York State taxpayer dollars and governed by New York State Education Regulations of the Commissioner Part 151. The UPK program is a tuition-free, 2 ½ hour program that meets five days per week, 180 days per school year. The SFDPK program is a tuition-free 5 hour program that meets five days per week. Children who will be four-years-old on or before December 1st of the school year and live in a participating school district are eligible to apply.

The goal of these programs is to provide the children with a caring and stimulating learning environment that will lead to a successful kindergarten experience. We know that teachers are the key to high quality classroom experiences. One of our roles at CCRR is to provide support to the UPK and SFDPK classroom teachers and staff. This is done in many ways, including multiple program visits from a Quality Enhancement Specialist who offers technical assistance, verbal and written feedback and specialty trainings as needed. In addition, UPK and SFDPK staff members participate in a full day professional development seminar designed to enhance their skills in providing purposeful, child centered activities and age appropriate instruction that is in alignment with *The New York State PreK Foundation for the Common Core* (Early Learning Standards).

This year, 75 children are enrolled in the SFDPK program and 767 children are enrolled in the UPK programs that we administer. In addition, the Ramapo Central School District uses a portion of their federal Title I funding to provide a UPK program for 20 more children who meet specific eligibility criteria. Thirty-six Community Based Organizations in Rockland County, such as child care centers and nursery schools, will be providing UPK and/or SFDPK services. Approximately 60 New York State Certified Early Childhood teachers and 75 teacher aides staff the UPK and/or SFDPK classrooms.

Submitted by *Kit SaizdeLaMora*, CCRR
Director of Family Connections and
Universal Prekindergarten Services

Q&A - CACFP: Together We Can Raise Healthy Children!

Q&A: The new child care center and school age program regulations require that centers and SACC programs follow the CACFP guidelines even if they aren't participating in the CACFP program. What do I need to do to be in compliance?

Q. What is CACFP?

A. The Child and Adult Care Food Program (CACFP) is a federal-funded program of the United States Department of Agriculture which reimburses child care programs for the cost of providing nutritious meals and snacks to children in their care. All licensed, registered, and legally exempt child care programs can choose to participate in CACFP. Contact CACFP Coordinator Yolanda Michel at 845-425-0009 x423 for more information.

Q. What does my child care center or school age program need to do to be in compliance with the new regulations?

A. If you participate in CACFP you have already met the new requirements and you are in compliance. Congratulations! If you are not enrolled, you can still meet the requirements in one of two ways:

1. The New York State Department of Health, and the Office of Children and Family Services have developed a toolkit to help programs meet the three main nutrition standards in the new regulations. Programs should have already received the toolkit by mail. The toolkit is also available on the OCFS website:

http://nydontraining.health.state.ny.us/nutrition_standards_toolkit_june2015/

The kit includes:

Your Meal Pattern Toolkit, which provides CACFP information, and the meal patterns and types of foods and beverages that must be served to children in care in order to provide healthy meals and snacks.

Your Healthy Beverage Training, an online training that covers the requirements for serving low-fat or fat-free milk and 100% fruit and vegetable juices.

Materials to Share with Parents

Programs are required to distribute the flyer, "Together We Can Raise Healthy Children" to parents of children enrolled in child care. It is available in English, Spanish, and six other languages. Information on obtaining the flyer is in the toolkit. By using the toolkit you will have complied with the new requirements. OR

2. Participate in CACFP! By participating you will easily meet or exceed the new standards. CACFP participation is a way to provide quality child care and to receive monthly reimbursement payments to help cover the cost of the healthy foods and beverages you serve.

Submitted by *Fia Hill Murray*, CCRR
Registration Coordinator

Employee Spotlight ~ Gerrie Joyce

What do you do at CCRR? I am the Special Needs Coordinator and Infant and Toddler Specialist.

As the Special Needs Coordinator, I am available to provide resources, technical assistance, training and education through site visits, by telephone, and by offering workshops to help meet the challenges of caring for children with special needs. As an Infant/Toddler Specialist for NYS Region 6, my responsibilities are similar yet focused on children zero-three in Orange, Sullivan and Rockland counties. I feel privileged to be in a position where I come in contact with so many interesting and caring individuals, who by sharing their expertise and experiences make me a better person.

Tell Us About Yourself I am happily married with two adult sons, a large extended family and a number of wonderful friends. My first contact with CCRR was through volunteer efforts and collaboration with Marcia Scheer. As a member of PAEYC, Marcia introduced me to CCRR staff members. As I became familiar with their efforts my admiration grew as did my desire to be part of this team of kindred spirits.

In February 2014, my desire became a reality and I am now in a position that suits my interests and experience as an early intervention specialist.

Do you have a favorite hobby? I enjoy being part of a book club, as well as being in a movie club. Maybe I should also join a music club as I love music as well,



especially singing. I also faithfully practice meditation with the sunrise. My favorite pastime is spending time with family, friends, and animals, and being one with nature.

What did you want to be when you grew up? A veterinarian.

Do you have a philosophy by which you live? To live and let live.

Office of Children and Family Services

New York State Office of Children and Family Services Regulatory Inspections, Part II

Submitted by *Elaine Trotta*, Director of Program Standards and Support Services

What happens when it has been determined that your program is in violation of the OCFS regulations?

When it is determined that a provider is in violation of the regulations, OCFS takes steps to enforce the regulations.

Frequently the process begins with a Corrective Action Plan, sometimes referred to as a CAP. The response or plan is developed by the provider, includes time frames and is approved by OCFS so the program can be reinstated as compliant. If the provider fails to follow through on the plan in the time frame allowed, additional enforcement action is taken that could include the following:

- License suspension, effective immediately, will be implemented when a child's safety or welfare is in imminent danger.
- A revocation of a provider's license would be enforced based on noncompliance with regulatory standards of care. If left uncontested by the provider a revocation is final after 30 days and the provider must cease to provide child care.
- A cease and desist order is issued to programs providing care illegally.
- Civil fines may be assessed for the occurrence of some violations and range from \$50 per day for non-serious non-emergency situations to \$500 per day for violations that place children in imminent danger.

In the enforcement actions described above providers are entitled to have a hearing with OCFS. Hearings involving cease and desist orders must be scheduled within 30 days. All other hearings must be scheduled to commence as soon as possible. A two-year record of violations is available on the OCFS child care website, www.ocfs.state.ny.us.

In addition, all providers of child care in New York must now post in a conspicuous place the results of their most current inspection.

It should be noted that all of the actions mentioned above are in place to help ensure providers are meeting at least the minimum standards of care in New York State and to help parents in better understanding the many child care requirements.

Comings and Goings

Welcome New Staff Member

Christina Espindola, Operations Specialist
Rachel Ambroziak, Quality Enhancement Specialist
Bonnie Parsekian, Quality Enhancement Specialist

Office Closings

September 7: Labor Day
October 12: Columbus Day
November 11: Veteran's Day
November 26 and 27: Thanksgiving Holiday
December 25: Christmas Day
December 31: New Year's Eve

Save the Date

November 7: Early Childhood and School Age Conference at Rockland Community College

Professional Development

We offer a variety of seminars designed to meet all nine OCFS components, and the following trainings: CPR, First Aid, MAT, and Health and Safety

Visit our website for details: childcarerockland.org



Reduced seminar fee for members! Become one today!
\$15 for members | Non-member fee: \$70
(Excludes Red Cross, Health & Safety, and MAT)

845-425-0009 | info@childcarerockland.org

Staff Directory

Executive Director

Jane Brown x417

Director of Family

Connections and Universal Prekindergarten Services

Kit SaizdelaMora x223

Family Connections Coordinator

Alice Rosado x495

UPK Coordinator

Jenine Valentino x460

Family Connections Specialist

Arlene Thomas-Strand x661

Director of Professional Development and Quality Enhancement Services

Debbie Silver x459

CDA Coordinator

Ellen Mitchell x456

Quality Child Care

Campaign Coordinator

David Del Campo x451

Special Needs Coordinator and Infant/Toddler Specialist

Gerrie Joyce x419

Quality Enhancement Specialists

Rachel Ambroziak x620

Bonnie Parsekian x613

Maria Rivas x455

Nutritionist

Sarah Amer x612

Director of Program Standards and Support Services

Elaine Trotta x421

CACFP Coordinator

Yolanda Michel x423

Legally Exempt

Enrollment Coordinator

Ines Ortiz x411

Legally Exempt Support Coordinator/Quality Assurance Coordinator

Vivian Reemer x424

Registration Coordinator

Fia Hill Murray x487

Registrars/Standards and Support Specialists

James Callahan x221

Edna Saravia x475

Cindy Torres-Bender x614

Standards and Support Specialist

Teresa Ortega x633

Registered Nurse

Kristin Saunders x493

Director of Operations, Development and Community Services

Karen Ross x630

Operations Specialists

June Pizzolo x418

Christina Espindola x610

Marketing and Public Relations Coordinator

Lisa Kreisel x616

Director of Financial and Human Resource Services

Gerd Schubert x615

Accounts Receivable Specialist

Kathleen Siuro x662

Volunteer Thanks!

After four years we bid a fond, but sad farewell to Perla Simon.

Perla came to us through the Rockland County Employment Unit and cheerfully assisted with an array of administrative tasks.

We will miss Perla very much and wish her the best in all her endeavors.





Early Years are Learning Years

41st Annual Early Childhood and School Age



Saturday, November 7, 2015

Experienced trainers from NYC, NYS, and NJ. More Seminars! More Choices!

Infant/Toddler, Preschool, School Age, and Leadership

Register today!



Conference location:
Rockland Community College
145 College Road
Suffern, NY 10901

Child Care Resources of Rockland, Inc.

235 N. Main St., Spring Valley, NY 10977 | 845-425-0009 | childcarerockland.org

Membership News

Thank you to the family/group child care providers, center-based programs, school age care programs, and community members who paid membership between May 19, 2015 and August 12, 2015.

Marie Belizaire	Devorah Langsam
Esther Berger	Lorna Levitin
Rosemarie Bucci	Myria Jean-Gilles
Maryanne Brancatelli	Lourdes Rapeley
Wania Carneiro Hardy	Diana Roberts
Marjoleine Charlotin	Blima Rosenberg
Lynn Del Duca	Sarah Rosenberg
Maria Estevez	Sandra Wirchansky
Mindy Franzone	

Campus Fun & Learn Child Care
Children of Mary Nursery Kindergarten
Children's Enrichment Center
Head Start of Rockland
Nauraushaun Nursery School
Rockland Worksite Daycare
Safe and Sound Child Care
Tall Pines Nursery School
The Salvation Army



Child Care Aware® of America Member

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