



Rockland Child Care News

May-August 2017

Congratulations Jane Brown, Our Champion!

NYSAEYC Champions for Children: Early Childhood Leader Award

If your actions inspire others to dream more, learn more, do more, and become more, you are a leader. ~ John Quincy Adams

It is with great honor that we announce Executive Director Jane Brown's selection by the New York State Association for the Education of Young Children (NYSAEYC) for a Champions for Children Award as Early Childhood Leader.

Jane exemplifies the definition of an early childhood leader:



one whose efforts in advocacy, research, and mentorship of practitioners have made a significant contribution to the field of early childhood education both in New York State as well as throughout the United States.

It is with an indomitable spirit that Jane leads our agency with unfaltering vision, strength, and heart. It is her example that inspires the Child

Care Resources of Rockland's staff and board of directors to serve its constituents so devotedly.

Jane's tenure with Child Care Resources of Rockland began 25 years ago; she has served as Executive Director for the past 14 years. During this time, she has developed a reputation as a fierce but always gracious advocate for quality early childhood education in Rockland County, in New York State, and beyond. Her commitment to CCRR's mission to promote the healthy development of all children is unparalleled.

Under Jane's leadership, CCRR received several accolades, such as NYS Best Practices Certification; National Quality Assurance Certification from Child Care Aware of America; Rockland Economic Development Council's Service Provider

of the Year award; and the Distinguished Service Award by the Martin Luther King, Jr. Multi-Purpose Center located in Spring Valley, NY.

As an advocate and leader in the early childhood education field, Jane was selected by Assembly Member Ellen Jaffee to be part of roundtable discussions held in Albany on funding for pre-school and child care in New York State.

In 2015, Jane was invited by Rockland County Executive Ed Day to participate in his task force on streamlining the county contract application process. Last fall, when non-profit agencies in Rockland faced devastating cuts, Jane saw the crisis as an obligation and an opportunity to advocate for all children and offer practical solutions to help save the County money and protect as many programs as possible.

In 2012, Jane was recognized by Senator David Carlucci for her historic contributions when she received the New York State Senate's Woman of Distinction Award—an award given to New York women who demonstrate personal excellence, courage, selflessness, integrity and perseverance, serving as an example to all New Yorkers.

Jane Brown—tireless advocate, compassionate role model, champion for all children, including her own! Jane has been married to Tony for 43 years. She is mother to Misty and son-in-law Josh, son Tab and daughter-in-law Lisa, and a grandmother to seven children. Jane's commitment to investing in children and youth to ensure their success in school, career, and life is seen again and again, as evidenced by her co-founding of the Kyle Brewer Memorial Fund, a foundation created in memory of her deceased grandson providing college scholarships to high school seniors, helping them fulfill their dreams. As Eleanor Roosevelt said, *The future belongs to those who believe in the beauty of their dreams.*

Congratulations, Jane, on your work to instill that belief in all children.

Executive Director
Jane Brown

Board President
Christopher Jensen

Executive Committee
Vicki Caramante
John Gregory
Phyllis Tucker
Donna Perreca

Directors
Christine Cahill
Vickie Frelow
Steve Fromson
John Lagana
Lindsay Santantasio
Nycole Smith
Ira Steinberg

Mission Statement
Our mission is to promote, support and enhance the healthy development of all children by:

Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;

Offering training, support and resources to the early care and education workforce as well as public and private schools;

Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;

Advocating for increased investment in quality child care and education;

Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.

A Warm Welcome to all New and Renewed Licensed/Registered Child Care Programs

FAMILY CHILD CARE PROGRAMS

Frimet Fliegman
Geraldine Maguire
Joann Maxwell

GROUP FAMILY CHILD CARE PROGRAMS

Gina De Laurentiis
Mariann Green
Patricia Salvatore
Nathalee Williams

CHILD CARE CENTER

Congregation Yaldainu Inc.



MEMBERSHIP NEWS

Thank you to the family and group family child care providers, center-based programs, school age care programs, and community members who paid membership between November 15, 2016, and March 7, 2017.

Liedrea Allen

Meryl Barkin

Lidia Basher

Lynn Del Duca

Dina Einhorn

Farida Farouqi

Stephen Fromson

Zeldie Gold

Mariann Green

Rebecca Kurlander

Joselene Liston

Nycole Smith

Sara Sorger

Phyllis Tucker

Luz Valentin

Martha Zambri

Children of America, Stony Point

Good Shepherd Creative Play

Kiryas Joel

Learning Ladder Child Care Center

St. Catherine's Early Education Program

Teacher Mommy

West Street Child Care Learning Center

Child Care Resources of Rockland, Inc. is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Department of Health, the NYS Education Department and the United Way of Rockland County. Additional funding for Special Needs Services is provided by the Office for People With Developmental Disabilities. We are also supported by Rockland Community College and by our members.

Child Care Resources of Rockland, Inc. is Best Practices/Quality Assurance Certified by Child Care Aware of America demonstrating the competence in the field of Child Care Resource and Referral in New York State.



Nurse's Notes: *Kristin G. Saunders, RN*

New Emergency Medication Administration Training

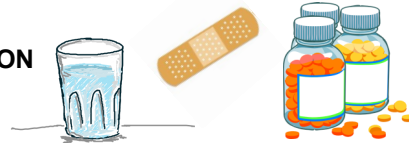
The Office of Children and Family Services (OCFS) has approved an Emergency Medication Administration Training course for those providers who would be administering emergency medications (epinephrine auto-injectors, diphenhydramine in combination with an epinephrine auto-injector, asthma inhalers and nebulizers) in their program, are not MAT certified, and are interested in gaining additional knowledge and training hours on this topic. This training is not mandatory and does **NOT** take the place of the instruction the provider must have from the child's parent, health care consultant, or health care provider as per regulation 41*.11(h)(5)(iv).

As of March 28, 2017, a law allowing child care programs to stock non-child specific epinephrine auto injectors goes into effect. This law will allow trained staff to administer a stock epinephrine auto-injector to a child who is experiencing anaphylaxis. In order for the program to purchase epinephrine

auto injectors and administer them, staff members are required to complete a training course that details recognizing an anaphylactic reaction, storing and administering epinephrine and emergency follow up procedures.

The Emergency Medication Administration Training course satisfies this requirement and will be offered here at Child Care Resources of Rockland. Please look out for the date and time in our next training calendar!

MEDICATION ADMINISTRATION TRAINING



For more information, please contact Kristin G. Saunders, RN:
845- 425-0009, x493 kristins@rocklandchildcare.org.

**Save the
Date!**



WE ARE United to Promote Quality

PLEASE JOIN US AT
Our Annual Meeting
to learn about

QUALITY INVESTMENTS FOR CHILDREN
a community awareness initiative between ECLC and CCR&Rs*

Friday, June 2, 2017 | 8:30-10:00 am

Ellipse Room, Technology Center, Rockland Community College, Suffern, NY 10901



Early Care & Learning Council
United to Promote Quality

Please RSVP by May 31, 2017 | info@rocklandchildcare.org | 845-425-0009, x0

*ECLC: Early Care & Learning Council | CCR&R: Child Care Resource & Referral Agency

From the Office of Program Standards and Support Services

Q I am a child care provider and recently heard that some parents are giving laxatives to their young children on a regular basis. Do you have information about this issue?

A What we know is that most of the children affected by this trend have constant loose bowel movements, soreness in the area and difficulty getting to a bathroom on time. Our staff has given the following technical assistance to child care programs and providers. *First Step:* Call the parents for a conference and determine why these “accidents” are happening.

- If the parent indicates the child is being given a laxative on a regular basis ask if the pediatrician prescribed this regimen and if this is part of a diagnosed medical condition.

- Let the parents know this is considered a special health situation and that you, the parent, and the physician will need to develop a health care plan for the child.
- Then follow the steps to set up a health care plan for the child.

If a parent states this routine is not coming from the pediatrician, tell the parent it would be in the child’s best interest to seek advice from a medical professional and that you, as their child’s caregiver, need to be kept informed of all decisions made.

If you suspect you have a child in your care who may be part of this trend and need assistance in taking action, please contact our nurse, Kristin G. Saunders, at 845-425-000 x493 or kristins@rocklandchildcare.org.

Children’s Legislative Forum

WHAT DOES POVERTY LOOK LIKE?

Looking Through the Eyes of Rockland’s Children

The February 3, 2017, Children’s Legislative Forum focused on the issues of hunger and poverty in Rockland County and throughout New York State. Real life stories and an overview of the United Way’s study on financial hardship (ALICE Project) shone a light on a hidden demographic – the working poor.

If you have any questions about this issue or would like some information, please contact janeb@rocklandchildcare.org.



Mary Sheehan, VP, United Way of New York State



According to OneSight® (2017), 1 in 7 people do not have access to vision services. This is one of the many reasons OneSight® was founded so that people who are unable to afford vision exams and/or glasses, can have free access to these needed services. The OneSight® program in cooperation with Lens Crafters® stores entrusts Child Care Resources of Rockland to refer children, their families, and teachers for free eye examinations and eyeglasses. The criteria for this gift are the inability to obtain eye care through insurance coverage, private financing, or public health.

Lens Crafters® in the Palisades Mall, West Nyack, NY, is one of the OneSight® locations that participate in this program. If eligible, the person will receive an approval letter and instructions on how to schedule an exam. If any children in your care, their family members or staff meet these criteria, contact Kristin G. Saunders, RN, to arrange for enrollment in this program.

kristins@rocklandchildcare.org | 845-425-0009, x493

NUTRITION CORNER: MEALTIME CONVERSATIONS

Positive and effective communication is the foundation for developing healthy and mutually rewarding child-to-child relationships and adult-to-child relationships. When you pay attention to children and encourage communication, you help them to create a positive view of themselves and the world in which they live. Mealtimes are no exception to great conversations; when young children participate in positive and effective mealtime conversations, they can learn about food, develop social skills, and learn how to recognize their hunger cues. Here is a closer look at how preschoolers communicate, as well as some benefits and strategies for engaging with them in mealtime conversations.

Preschoolers and Communication: Preschoolers begin to talk in grammatically correct sentences, even though the sequence may be incorrect. They like to talk about past experiences and may pretend to have imaginary friends or experiences. Preschoolers often talk to themselves when playing and working on tasks.

Benefits of Mealtime Conversations: Talking about food's characteristics at mealtimes, like taste, feel, and smell, can create appeal, increase excitement, and magnify curiosity about food amongst young children. For example, questions such as "What happens to little tomatoes when you bite them?" or "How does the baked chicken smell?" can help children use their senses to explore food. Additionally, mealtime conversations also promote social skills among young children. Specifically, pleasant conversations at the table help to expand vocabulary, encourage active listening, and assist young children in feeling more comfortable in their environment.

On the contrary, mealtime conversations can be harmful if children feel the need to eat to gain your approval. For example, encouraging a child to eat a new food by saying, "I will be very



happy if you eat the pineapple," can lead some children to eat to gain your approval. These statements can lead to unhealthy thoughts about food and self-image or self-esteem.

Therefore, use phrases that help children:

- point out the sensory qualities of food. For example, "This is kiwi fruit; it's sweet like a strawberry." This phrase could indirectly encourage children to try new foods.
- recognize when they are full. For example, "Has your tummy had enough?" This phrase can help prevent young children from overeating because it encourages them to listen to their body.
- feel like they are making the choices. For example, "Which one is your favorite?" This phrase also shifts the focus toward the taste of food rather than who was right.

There are many benefits to engaging in mealtime conversations. When you make them interactive and positive, mealtimes can be a place to form healthy eating habits and to develop skills.

From Institute of Child Nutrition, The University of Mississippi

Fun Banana Boats!

Ingredients: Bananas Blueberries
Strawberries Whipped Cream

Directions:

- Holding the banana curving upwards, remove the top ¼ layer, using a sharp knife.
- With a small melon scooper, make a shallow, elongated groove to hold the other fruits.

- Spritz the banana with orange or lemon juice to prevent any discoloration.
- Have the children help to fill the banana boat with assorted fruits as shown. Garnish with a dollop of whipped cream.



Advocacy - Be a Voice for New York's Children

As a Child Care Resource and Referral Agency, we are dedicated to promoting high quality child care and early learning for all New York families. During the month of February and early March, Jane Brown, along with members of the CCRR staff and Board of Directors, met with local and state legislators to promote early learning as a top priority in the 2017-2018 state budget.

Among the key issues on the table was new funding for the child care subsidy program for working families with low income and new funding to implement the requirements of the Federal Child Care and Development Block Grant (CCDBG) Act of 2014. Neither of which are included in the Executive Budget, while only 17% of eligible children in New York receive child care subsidy.

Expanding access to full day quality Pre-K is also a critical need and is direly underfunded. Nearly 24,000 eligible four-year-old children still have no Pre-K. Advocating can be as simple as electronically signing on to a letter.

We are grateful and appreciative of the legislators who represent us in Rockland County: Assembly Members Ellen Jaffee, Ken Zebrowski, James Skoufis and Karl Brabenec along with Senators David Carlucci and Bill Larkin. They all support our early learning agenda! We'd love to have you join our campaigns! Please contact Jane Brown for more information: janeb@rocklandchildcare.org

Assemblywoman Jaffee, Tiffany Card, Chief of Staff, Jane Brown, CCRR Executive Director



Employee Spotlight:

Priscilla Blanco, Standards and Support Specialist



What do you do at CCRR?

I work as a Standards and Support Specialist, providing technical assistance in the nine focus areas of NYS Office of Children and Family Services (OCFS), as well as guiding individuals through the application process of becoming a registered Family Child Care Provider or School-Aged Child Care Director. I also ensure Providers and Directors comply with the New York State Regulations and

Federal laws, through quarterly inspections.

Tell us about yourself.

I am in the process of finishing my Master's degree in Mental Health Counseling at Nyack Alliance Graduate School of Counseling. When I am not in the office or when "my head is not in the

books" studying for my courses, I find enjoyment in being fully present with my husband and two children- playing, building, painting, reading, singing, and/or travelling together.

What did you want to be when you grew up?

Initially in sixth grade, I had dreams of becoming a scientist, hair stylist, and a woman's football quarterback. Of course this list has narrowed down over the years, to a counselor for children and families. My passion for young children and adolescence grew during my internship hours at an outpatient clinic in the last year.

Do you have a philosophy by which you live?

My view on life is to put God first and all things in life will come together. Especially when facing times of challenge and hardship, I find comfort and inspiration in the words spoken by the great Martin Luther King, Jr. "The ultimate measure of a man is not where he stands in the moments of convenience and comfort, but where he stands in times of challenge and controversy."

Comings and Goings

Office Closings

Monday, May 29: Memorial Day
 Tuesday, July 4: Independence Day
 Wednesday, July 19: Cleaning Day
 Friday, August 1: Professional Development Afternoon
 Monday, September 4: Labor Day

Save the Date

Friday, June 2: Annual Meeting

Thank You Mimi Vilord

The Board and Staff of Child Care Resources of Rockland would like to recognize Mimi Vilord for her many years of service to the Rockland County community and offer her our best wishes when she retires in June from her position as CEO with the United Way of Rockland. Since 2008, thanks to the United Way of Rockland, we have been able to administer the Child Care Tuition Scholarship Program and assist families in need with their child care costs.

We are grateful for the United Way's partnership and for Mimi's dedication to Rockland County's children and families. Thank you, Mimi!

2017 PROFESSIONAL DEVELOPMENT SEMINARS AND TRAININGS

How wonderful it is that nobody need wait a single moment to improve the world.

- Anne Frank

Spanish Health and Safety Training
 CACFP Recruitment
 Does Your Program Measure Up?
 The Pyramid Preschool Module 2
 The ABC's of NYS OCFS Regulations



HOW WILL YOU GROW PROFESSIONALLY THIS SPRING?

Register online: childcarerockland.org

For more information, please contact Debbie Silver, Director of Professional Development and Quality Enhancement Services:
 845-425-009, x459 or debbies@rocklandchildcare.org

Staff Directory

Executive Director

Jane Brown x417

Director of Family, Community, and Operations Services

Karen Ross x630

Resource and Referral Coordinator

Christina Espindola x610

Marketing and Public Relations Coordinator

Lisa Kreisel x616

PreK Coordinator

Jenine Valentino x460

Director of Professional Development and Quality Enhancement Services

Debbie Silver x459

CDA Coordinator and Special Needs Coordinator

Ellen Mitchell x456

Quality Enhancement Specialists

Rachel Ambroziak x620

David Del Campo x451

Ellen Mitchell x456

Bonnie Parsekian x613

Maria Rivas x455

Nutritionist

Sarah Amer x612

Director of Program Standards and Support Services

Elaine Trotta x421

Legally Exempt Enrollment Coordinator Program Standards and Support Services Coordinator

Ines Ortiz x411

Fia Hill Murray x487

CACFP Coordinator

Teresa Ortega x633

Standards and Support Specialists

Priscilla Blanco x458

James Callahan x221

Edna Saravia x475

Registrars

Priscilla Blanco x458

Jim Callahan x221

Edna Saravia x475

Registered Nurse

Kristin Saunders x493

Director of Finance and Human Resource Services

Gerd Schubert x615

Finance Coordinator

Kathleen Siuro x662

Contact us:

Child Care Resources of Rockland
 235 N. Main Street, Suite 11
 Spring Valley, NY 10977

845-425-0009 | 877-425-0009
 Fax: 845-425-5312

Hours: M-F 8:30 am—5:00 pm

info@rocklandchildcare.org
www.childcarerockland.org

Professional Development—All Fun and Games!

Cooperative Games and Activities for School Age Children

On Tuesday, February 28, 2017, 51 staff members from five School Age Care (SAC) programs moved and grooved for two hours as Jane Brown, CCRR's Executive Director, led them through a range of cooperative games and activities for school age children.

Activities ranged from the old-fashioned 1950's "Lemonade" game to the updated "musical chairs," using hula hoops instead of chairs and everybody wins!

The evening provided an unusual opportunity for staff members at the county school age programs to interact, share strategies and discover ways to keep school age children active during the winter months.



Congratulations!

Child Care Professionals who recently received their CDA

Ashley Curry	Faigy Kraus
Dorys DeMoura	Dora Leon
Lucy Dominguez	Faigy Michalowitz
Rachel Felberbaum	Sharlene McCallum
Deveaira Feuerstone	Scheindl Michalowitz
Trany Freisel	Margaret Montforte
Trany Goldmunzer	Madge Myrie
Zlata Gruber	Shahneeyah Rodriguez
Bayla Gruenzweig	Mindel Rosenblum
Yvelouse Guerrier	Luz Valentin
Sarah Guttma	Rivka Schnitzler
Margulis Hirsch	Angelica Tapia
Adela Isacherooff	

Learn how you can grow professionally!

Ellen Mitchell: ellenm@rocklandchildcare.org
845-425-0009, x456



READ • WRITE STORIES AND POEMS • SING
DANCE • PLAY OUTSIDE • PUT ON A PLAY...

Rediscover the joys of life beyond the screen!

May 1-7, children, families, and schools, will take a digital entertainment break to celebrate Screen-Free Week. One great way to unplug is reading books! Screen-Free Week is also Children's Book Week!

Check out screenfree.org and everychildareader.net/cbw/

INFANTS • TODDLERS • PRESCHOOLERS • SCHOOL AGERS

Fun & Educational Activities

Child Care Resources of Rockland, Inc.

Supplement to Rockland Child Care News
May-August 2017

Infants Connecting to the Outside World

Babies grow and change at an astounding pace, and every month brings new and exciting developments. But do not focus on developmental milestones; as each baby develops at his/her own pace. Sounds are the beginning connection to the outside world.

Can You Hear Me?

What you will need: Several different objects that make distinct noises.



What to do: Jingle, tap, or shake each item for your baby. If the baby reaches out to grasp one of the items, let the baby hold it and explore it with his or her hands. Sensory games like this enhance a baby's tactile awareness and their listening skills, and grasping objects encourages small muscle development.



When the weather is warm enough to go outside, do this activity on a blanket outdoors and listen to the sounds of nature. Those sounds are equally as exciting and stimulating for an infant.

<https://pathways.org/>

Toddlers Exploring The World Around Them

As children become more mobile they want to explore and learn about the world around them!

Find the Scarf

What you will need:

- Paper towel tube
- Markers, crayons, colored tape
- A variety of scarves or 12 inch squares of light fabric



What to do:

Have your toddler decorate the paper towel tube. Adapt this activity to each child's developmental needs and interests. Stuff the scarf into the tube, leaving one corner protruding. Encourage fine motor skills by helping the toddler grab the edge of the scarf and pull it out of the tube.

For the older toddler you can tie the corners of several scarves together and stuff them into the tube. Watch for the toddler to use alternating hands to pull the scarves out of the tube and share the toddlers surprise when the colors and textures of fabric/scarves change.

<http://blog.intellidance.ca/bog/2-06-2011/scarves-floating-fun-ages-0-5>



Looking for Child Care?

For information about child care, child care subsidy, or special needs services, contact CCRR at (845) 425-0009 x0 and ask to speak with the Resource and Referral Coordinator.

Newsletter Subscription

Subscribe to Rockland Child Care News via email, and enjoy our children's activities insert, too!

Receive information about our events, parent and grandparent seminars, advocacy and action updates, professional development opportunities, and more.

Sign Up Today

Send an email request to info@rocklandchildcare.org

Contact us:

Child Care Resources of Rockland, Inc. (CCRR)
235 N. Main Street, Suite 11
Spring Valley, NY 10977

845-425-0009 | 877-425-0009
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Hours: M-F 8:30 am—5:00 pm



DEDICATED TO MAKING CHILD CARE
WORK IN ROCKLAND COUNTY

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www.childcarerockland.org

INFANTS • TODDLERS • PRESCHOOLERS • SCHOOL AGERS

Fun & Educational Activities

Preschoolers Developing at Their Own Pace

Children develop in specific ways, each at their own pace. Pre-schoolers show increasing levels of positive interactions and friendliness when they are in small-group settings. Setting up activities that involve a few children allows for socialization and strengthens engagement in cooperative play.

Sand Dough Sculptures

What You Need:

Make a batch of homemade playdough:

1 c flour, ¼ c salt, ½ c water, 3-4 drops of food coloring

What To Do: Mix together flour, salt, and ½ cup warm water with a few drops of food coloring

After making the playdough let your child pour ½ cup of sand over the dough. Next, create some sand dough sculptures.

Write down the words the child uses to describe the sculpture so your child can see the words associated with his or her creation.



www.firstpalette.com/tool_box/art_recipes/sanddough/sanddough.html

School Aged The Ability to Think in Logical Steps

Your School-ager is now thinking in logical steps and seeing the “how-tos” and consequences of things; put the steps of this activity on an index card and give them the space to do this independently. Observe their interest as they see the uniqueness of their art work.

Salt Painting

What You Need:

- White school glue in squeeze bottles
- Box of table salt
- Food coloring or watercolor paint mixed with water (allow the children to mix the coloring and water to achieve the desired color)
- Eye dropper or small paintbrush
- Construction paper or cardboard

What To Do:

- The child can draw a design or write words with a pencil
- Squeeze the glue over the pencil design or word.
- Sprinkle salt over entire paper and shake off the excess.
- Drop food coloring or watercolor on the glue.
- Let dry.

<http://oneperfectdayblo.net/2012/04/27/kids-art-raised-salt-painting/>



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