

# Professional Development

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[childcarerockland.org](http://childcarerockland.org)

Child Care Resources of Rockland, Inc.

## Train with the Best

### MEET OUR TRAINERS



RACHEL AMBROSIAK



PRISCILLA BLANCO



JANE BROWN



JIM CALLAHAN



DAVID DEL CAMPO



ELLEN MITCHELL



TERESA ORTEGA



BONNIE PARSEKIAN



MARIA RIVAS



EDNA SARAVIA



KRISTIN SAUNDERS



DEBBIE SILVER



ELAINE TROTTA

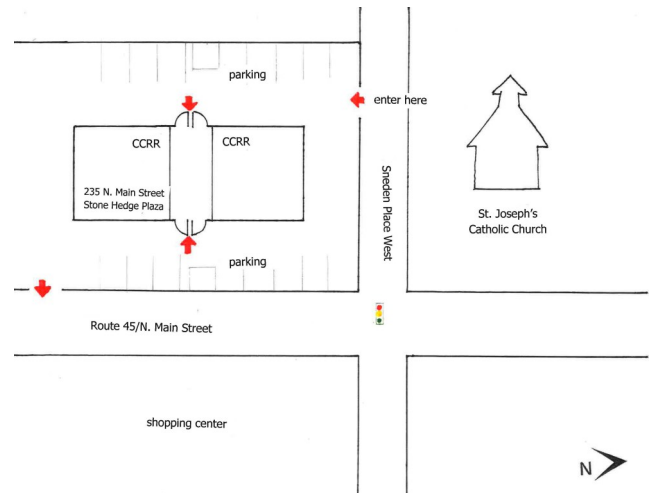
Training Calendar | July - December 2018

Read trainer bios at [childcarerockland.org](http://childcarerockland.org)

## Additional Seminar Topics

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## Our Location



**Address:** 235 N. Main St., Suite 11, Spring Valley, NY 10977

**From the NYS Thruway Exit 14 (Spring Valley; Route 59)** Stay to the right and turn right onto Rt. 59 West. Go through several lights, then make a right at top of the hill onto Rt. 45.

Stay on Rt. 45 through the village of Spring Valley. Pass the intersection of Maple and Rt. 45; the Salvation Army will be on the left. In one mile, turn left at the light onto Sneden Place West, (directly across from the entrance to a shopping center) then turn left into Stone Hedge Plaza. Enter through double doors in the center of building. Proceed to Suite 11.

**South on Palisades Interstate Parkway (Route 45) Exit 12** Bear right onto Rte. 45 for approximately 4 miles. This will take you through several stoplights and past Hillcrest Shopping Center on the right. Turn right onto Sneden Place West. Follow directions above.

**North on Palisades Interstate Parkway (Route 45) Exit 12** Turn left onto Conklin Rd. and turn left at the traffic light onto Rte. 45. Follow directions above.



**Child Care Resources of Rockland, Inc.**  
235 N. Main Street, Suite 11, Spring Valley, NY 10977  
p: 845-425-0009 | f: 845-425-5312  
info@rocklandchildcare.org | childcarerockland.org  
Office Hours: M-F 8:30 am – 5:00 pm



Child Care Aware® of America Member

*Our mission is to promote, support and enhance the healthy development of all children by:*

- ◇ Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;
- ◇ Offering training, support and resources to the early care and education workforce as well as public and private schools;
- ◇ Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;
- ◇ Advocating for increased investment in quality child care and education;
- ◇ Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.



Child Care Resources of Rockland, Inc. is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Education Department, NYS Department of Health and the United Way of Rockland County. Additional funding for Special Needs Services is provided by Family Support Services and the Office of People with Developmental Disabilities. We are supported by Rockland Community College.

# TAKE A LOOK—SEMINARS AT A GLANCE!

## —OCFS REQUIRED TOPIC TRAININGS—

### 1. CHILD DEVELOPMENT

- Health & Safety for Center/SAC Directors
- What's It All About? Using Open Ended Questions to Promote Children's Learning
- Where Do You Fit Into a Child Centered Program?
- Special Needs Series, see page 5
- Maximize Love, Manage Stress
- Talk, Sing and Point
- Transitions! Helping Toddlers Have Easier Days, see page 11

### 2. NUTRITION AND HEALTH

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- Medication Administration Training
- Breaking Up With Bleach

### 3. PROGRAM DEVELOPMENT

- Medication Administration Training
- Health and Safety for Center/SAC Directors
- What's It All About? Using Open Ended Questions to Promote Children's Learning
- Where Do You Fit Into a Child Centered Program?
- Training for Trainers, see page 11
- Special Needs Series, see page 5
- Maximize Love, Manage Stress
- Talk, Sing and Point
- Transitions! Helping Toddlers Have Easier Days, see page 11

### 4. SAFETY AND SECURITY

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- Medication Administration Training
- Maximize Love, Manage Stress

- Talk, Sing and Point
- American Red Cross CPR and First Aid
- What's Black & White and Read All Over? A Good Parent Handbook
- Stay Safe, Feel Safe
- Special Needs Series, see page 5

### 5. BUSINESS

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- What's Black & White and Read All Over? A Good Parent Handbook
- Stay Safe, Feel Safe
- Training for Trainers, see page 11

### 6. CHILD ABUSE & MALTREATMENT IDENTIFICATION AND PREVENTION

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- The Truth about Adverse Childhood Experiences: Our Role in Responding to Child Abuse

### 7. STATUTES AND REGULATIONS PERTAINING TO CHILD CARE

- Health and Safety Training for F/GFCCP
- Medication Administration Training
- What's Black & White and Read All Over? A Good Parent Handbook
- Take a Closer Look at the OCFS Regulations with SVRO
- Stay Safe, Feel Safe
- Special Needs Series, see page 5.

### 8. STATUTES AND REGULATIONS PERTAINING TO CHILD ABUSE

- The Truth about Adverse Childhood Experiences: Our Role in Responding to Child Abuse
- Health and Safety Training for F/GFCCP

### 9. SHAKEN BABY SYNDROME

- The Truth about Adverse Childhood Experiences: Our Role in Responding to Child Abuse
- Health and Safety Training for F/GFCCP and Center/SAC Directors

All seminars are held at our office and start promptly! **Please plan to arrive early and be ready to go**, as no one will be admitted once a seminar has begun!

**DON'T FORGET YOUR LOYALTY CARD!**

**DON'T HAVE ONE? ASK YOUR TRAINER.**



**TRAINING LOYALTY PROGRAM**

Take 5 trainings, receive your 6th training free!

①

②

③

④

⑤

**FREE**



# Professional Development Seminars

**SEMINAR FEE: \$15 CCRR MEMBERS / \$70 NON MEMBERS • SEMINARS NOT ELIGIBLE FOR EIP FUNDING**

<p><b>Tuesday, September 25, 6:30-8:30 pm—BREAKING UP WITH BLEACH</b></p> <p>Are you looking to replace bleach with a safer alternative as a cleaning product in your program or home? We will discuss indoor and outdoor air pollution and explore alternative options for safer cleaning products. Review the national standards for the Eco-Healthy Child Care® endorsement. Each participant will receive a copy of the Eco-Healthy Child Care® checklist to be able to perform a self-evaluation of the environmental health of their programs.</p>	<p>Trainer: Kristin Saunders OCFS: 2   CDA: B, L Target Audience: All Level: All CBK: e</p>
<p><b>Monday, October 1, 6:30-8:30—WHAT'S BLACK AND WHITE AND READ ALL OVER? A GOOD PARENT HANDBOOK</b></p> <p>We've all been caught in difficult conversations where you thought you were clear but your client just didn't get it. This workshop will focus on getting your policies into reader friendly print. We will include what licensing requires you to have in your policies and other items you feel are important to the well-being of your program.</p>	<p>Trainer: Elaine Trotta OCFS: 4, 5, 7 CDA: L Target Audience: FG, D Level: I, II CBK: b, g</p>
<p><b>Wednesday, October 17—special time 9:00-10:30 am — FOR DIRECTORS</b> <b>Tuesday, October 23—special time 6:30-8:00 pm— FOR ALL STAFF/PROVIDERS</b></p> <p><b>TAKE A CLOSER LOOK AT THE OCFS REGULATIONS WITH SVRO</b></p> <p>The New York State Office of Children and Family Services provides a range of resources to help parents with their child care needs, supports people who want to start/are currently running child care programs, and assists those with concerns about the health or safety of a child in a child care program. Please join us and receive updates and developments from the Spring Valley Regional Office, NYS Office for Children and Family Services. <b>Special fee for CCRR Members—\$10</b></p>	<p>Trainer: Nancy Maffia, Licensing Supervisor, Spring Valley Regional Office. OCFS: 7 CDA: L Target Audience: D—Oct. 17 Target Audience: FG, IT, PS, SA—Oct 23 Level: All   CBK: g</p>
<p><b>Monday, November 5, 6:30-8:30 pm—THE TRUTH ABOUT ADVERSE CHILDHOOD EXPERIENCES: OUR ROLE IN RESPONDING TO CHILD ABUSE</b></p> <p>Young children are in many ways defenseless and require adult protection and nurturing. Adverse childhood experiences create a high risk of negative outcomes later in life. Learn about these risks and how to address child abuse and maltreatment when we suspect it. Discuss OCFS statutes and regulations related to child abuse as well as how we can respond to and prevent child abuse so as to assure the safety of children in our care. A review of Shaken Baby Syndrome will also be included.</p>	<p>Trainer: Bonnie Parsekian OCFS: 6, 8, 9 CDA: A Target Audience: All Level: II, III CBK: g</p>
<p><b>Tuesday, November 13, 6:30-8:30 pm —WHAT'S IT ALL ABOUT? USING OPEN ENDED QUESTIONS TO PROMOTE CHILDREN'S LEARNING</b></p> <p>We use questions every day. How can we improve the quality of our questions, so that they promote more learning for children? This workshop will explore what an open ended question is and how they encourage more learning for children throughout the day.</p>	<p>Trainer: David Del Campo OCFS: 1, 3 CDA: E Target Audience: FG, PS, SA Level: I, II CBK: a, d</p>
<p><b>NO ADMITTANCE ONCE A SEMINAR HAS BEGUN • PLEASE PLAN ACCORDINGLY</b></p>	<p>CONTINUED ON NEXT PAGE</p>

Professional Development Seminars continued. **SEMINAR FEE: \$15 CCRR MEMBERS / \$70 NON MEMBERS | DUE WHEN REGISTERING**

<p><b>Tuesday, November 27, 6:30-8:30 pm—STAY SAFE, FEEL SAFE</b></p> <p>In what may seem to be an out of control time, parents and providers more than ever are concerned with the safety of children in early childhood settings. Parents and providers are feeling especially uncomfortable concerning potential intruders. How do we help children feel safe in ways that are developmentally appropriate? What steps should we be taking to keep everyone safe? Participate in discussions and activities centered on how your program can prepare for a variety of predicaments.</p>	<p>Trainers: Debbie Silver and Elaine Trotta OCFS: 4, 5, 7 CDA: A, L Target Audience: D Level: All CBK: e, f</p>
<p><b>Monday, December 3, 6:30-8:30 pm—WHERE DO YOU FIT INTO A CHILD CENTERED PROGRAM?</b></p> <p>A child-centered curriculum offers children the opportunity to make choices about what, how and with whom they want to play. Teachers are often reluctant to allow children to take responsibility for their learning because they are afraid of losing control. In this workshop, you will learn more about what a child centered curriculum is, why it is important, your role in such a curriculum, and what materials and experiences support it. Explore why you should make this approach part of your developmentally appropriate curriculum.</p>	<p>Trainer: Rachel Ambrosiak OCFS: 1, 3 CDA: 1, 4 Target Audience: PS Level: I, II CBK: d</p>

**SCHOLARSHIP FUNDING** for Red Cross Trainings, CDA, Health and Safety Training for Directors, and Health and Safety Training for Centers and School Age Staff, may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit: [www.ectp.pdp.albany.edu](http://www.ectp.pdp.albany.edu). You may also contact EIP at [eip@albany.edu](mailto:eip@albany.edu) or 800-295-9616.

## Professional Development Opportunity for FCC & GFCC Programs

- ♦ Interested in learning more about children with developmental disabilities?
- ♦ Like to become more comfortable with caring for children with developmental disabilities?
- ♦ Thought about offering extended care hours and want to learn more about the procedure?
- ♦ Want a free MAT class, a free year of health care services, and free materials?

**MAKE YOUR PROGRAM MORE MARKETABLE!** We are providing 6 hours of professional development for family and group family child care providers who are interested in learning more about caring for children with developmental disabilities.

**FREE!**

**1. Wednesday, October 17, 2018**

**UNDERSTANDING CHILDREN WITH DEVELOPMENTAL DISABILITIES**

**2. Wednesday, November 14, 2018**

**INCLUDING CHILDREN WITH DEVELOPMENTAL DISABILITIES IN YOUR PROGRAM**

**3. Wednesday, December 5, 2018**

**I'M FLEXIBLE! TWO LITTLE WORDS THAT CAN GROW YOUR BUSINESS!**

**TIME:** 6:30 – 8:30 pm | **LOCATION:** 235 N. Main St. Spring Valley, NY 10977 | **TRAINERS:** Ellen Mitchell and Elaine Trotta  
**OCFS:** 1, 3, 4, 7 | **CDA:** C, E, L | **Target Audience:** FG, IT, PS, D | **Level:** All | **CBK:** a, b

**YOU MUST ATTEND ALL THREE SESSIONS TO RECEIVE A CERTIFICATE AND YOU WILL ALSO RECEIVE A FREE MEDICATION ADMINISTRATION TRAINING (MAT) IN 2019 AND A FREE YEAR OF HEALTH CARE PLAN SERVICES IN 2019!**

*Funding is provided by the Office of People With Developmental Disabilities.*

# The Nyack Basics!

**DID YOU KNOW...** 80% of brain growth happens in the first three years of life?  
This early learning becomes the foundation for *all* future learning!

*The Nyack Basics Campaign* is helping to ensure all parents and caregivers know what they can do for babies to learn and thrive. *The Basics* are five evidence based fun, simple, and powerful ways to help all our children aged 0-3 grow to be happy and successful.



**YOU DON'T HAVE TO LIVE OR WORK IN NYACK TO BE PART OF THIS EXCITING MOVEMENT**

Register for this two-part series and help the children in your care learn and thrive!

## **Maximize Love, Manage Stress**—Monday, October 15, 6:30 - 8:30 pm

Key concepts are showing love and responding to children's signals, the importance of routines, and strategies for coping with stress.



## **Talk, Sing and Point**—Tuesday, November 6, 6:30 - 8:30 pm

Key concepts are expressing affection, eye contact, the importance of back-and-forth interactions and conversations, and the roles of singing and pointing in the development of communication skills.

Trainers: Debbie Silver and Elaine Trotta | OCFS: 1, 3, 4 | CDA:E, F, K | Target Audience: All | Level: All | CBK: a, d

**\$15 FOR ONE SEMINAR/\$25 FOR BOTH—CCRR MEMBERS / \$70 FOR ONE SEMINAR/\$100 FOR BOTH—NON MEMBERS**

### **Free SUNY Videoconference Trainings**

The New York State Office of Children and Family Services (OCFS) fund videoconference trainings, produced by the SUNY Early Childhood Education and Training Program.

Child Care Resources of Rockland facilitates these free, live broadcasts at our office, evenings: 6:45-9:15pm. For dates, topics, and to register for a videoconference, please call 1-518-443-5940 or visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu).

### **TRAINING FOR YOUR STAFF** **ON-SITE • PERSONALIZED • SPECIFIC • FUN** **CHILD CARE CENTERS AND SCHOOL AGE PROGRAMS**



Personalized training based on the needs and interests of your staff, delivered at a day and time convenient for you!

*We'll come to you!* Up to 2 hours, up to 25 people

CCRR members \$250, non-members \$600

Additional participants \$5 pp | Longer seminars available!

Contact Debbie Silver: 845-425-0009 x459

[debbies@rocklandchildcare.org](mailto:debbies@rocklandchildcare.org)

**All seminars start promptly. No one will be admitted once a seminar has begun, so please plan accordingly.**

## Open a Family/Group Family Child Care Program in Your Home!

### Choose a date and learn more!

**Tuesdays: July 10 | October 9 | December 11**  
**10:00 am-12:00 pm**

Join Priscilla Blanco for a **FREE Orientation and Information Session** and learn what you need to know and do in order to open a child care program in your home.

Priscilla Blanco: 845-425-0009, x487  
[priscillab@rocklandchildcare.org](mailto:priscillab@rocklandchildcare.org)

Training certificates not provided.

## START A CHILD CARE CENTER OR AFTER SCHOOL PROGRAM

### WE WILL HELP YOU GET OFF TO A GOOD START!

We'll look at an initial application, timelines, inspection agencies, policies, and more!  
Once you complete the orientation, we will request an application for you!

*Set up an appointment; it's free!*

**Call Elaine today!**

845-425-0009, x421 | [elainet@rocklandchildcare.org](mailto:elainet@rocklandchildcare.org)

Training certificates not provided.

## GOT CACFP?

Learn how CACFP can make a difference in the quality of your program! Attend a free recruitment session.

Choose one date:

**Monday, July 9 | Thursday, September 6**  
**Wednesday, November 7 • 6:30-8:30 pm**



Family Child Care / Group Family Child Care Providers who wish to participate in the **Child and Adult Care Food Program** (CACFP) are welcome to join our CACFP Coordinator, Teresa Ortega, for a two hour information session. CACFP is a government reimbursement program funding meals and snacks that are given to children in child care. (Training Certificates are not provided.)

**Target Group:** FG | **Levels:** All **Fee:** There is no charge to potential CACFP Family/Group Family Child Care Providers and their key staff.

**Questions About CACFP?** If you are a child care provider and have questions about CACFP, please contact **Teresa Ortega:** 845-425-0009, x633  
[teresaort@rocklandchildcare.org](mailto:teresaort@rocklandchildcare.org)



## DISTANCE LEARNING

**Available 24 Hours a Day, 365 Days a Year**

**BROUGHT TO YOU BY CHILD CARE RESOURCES OF ROCKLAND AND SMART HORIZONS**

Courses are designed to help early childhood professionals complete OCFS training requirements or CDA renewals. For a list of trainings, fees, and registration instructions, please go to: <http://www.smarthorizons.org/landing/rock>

If you have any questions, please call Debbie Silver at CCRR: 845-425-0009, x459.

## Seminarios En Español

**Martes 24 de Julio Horario: 18:30 – 20:30 horas**

### **Juego Sensorial como una oportunidad de Aprendizaje**

El juego sensorial es desordenado y sucio; mientras más sucio y desordenado es mucho mejor! Explore diferentes maneras de mejorar su currículo incluyendo actividades sensoriales apropiadas de desarrollo infantil que cumplirán todas las necesidades de aprendizaje de los niños en forma divertida.

Entrenadora: Maria Rivas  
OCFS: 1,3 CDA: B, C, G  
Beneficiarios: FG, I/T, PS  
Nivel: I-II CBK: a, d, g

**Martes 11 de Septiembre Horario: 18:30 – 20:30 horas**

### **Envoyando a los niños en juegos al aire libre con un enfoque en salud y alfabetismo**

Su ambiente de juego al aire libre tiene el potencial de nutrir la mente, el cuerpo y el espíritu de niños y adultos. Explore la importancia del juego al aire libre pensando en los beneficios saludables, al mismo tiempo que aprenderá a crear un ambiente divertido y alegre para los niños, utilizando materiales de bajo costo para integrar experiencias apropiadas de lenguaje y alfabetismo.

Entrenadora: Maria Rivas  
OCFS: 1, 2  
CDA: A, B, C, D, L  
Beneficiarios: Todos  
Nivel: I, II  
CBK: a, d, e, g

**Martes 25 de Septiembre Horario: 18:30 – 20:30 horas**

### **Preparándose para confrontar Emergencias: Nunca pensé que me pasaría a mí**

Cuidar niños es un negocio serio y su seguridad debería ser siempre prioridad # 1. Como proveedora de cuidado infantil usted sabe que la parte más importante de su trabajo es proteger la salud y seguridad de los niños bajo su cuidado. Explore las regulaciones pertinentes a este tópico y desarrolle estrategias para revisar y mantener al día sus políticas y planes de emergencia de acuerdo a los requerimientos de las Regulaciones.

Entrenadora: Maria Rivas  
OCFS: 4,7  
CDA: A, L, M  
Beneficiarios: FG  
Nivel: I, II  
CBK: a, e, g

**Martes 2 de Octubre Horario: 18:30 -20:30 horas**

### **Ideas de Seguridad y Supervisión adentro y afuera de su Programa**

Proveyendo supervisión competente y manteniendo a los niños seguros durante sus horas de trabajo, es su rol más crítico como Proveedora de cuidado infantil. Examine y mejore sus prácticas de supervisión y seguridad que usted usa en su programa y desarrolle nuevas estrategias para mantenerse en conformidad con las Regulaciones.

Entrenadora: Maria Rivas  
OCFS: 3, 4, 7  
CDA: A, L  
Beneficiarios: F/G, I/T, PS  
Nivel: I, II  
CBK: e, g

**6 de Noviembre Horario: 18:30 – 20:30 horas**

### **Abuso y Maltrato Infantil: ¿Podríamos hacerlo Mejor?**

No es fácil abordar el tema de Abuso y maltrato infantil; sin embargo estudios muestran que hablando y aprendiendo más de este tema es la clave para mantener a los niños seguros. Examine los indicadores de abuso y maltrato y su responsabilidad como Reportero Obligatorio. Explore estrategias para enseñarles a los niños habilidades apropiadas de seguridad personal e implemente políticas y procedimientos para apoyar "Prácticas óptimas."

Entrenadora: Maria Rivas  
OCFS: 6, 8  
CDA: A, B, L  
Beneficiarios: todos  
Nivel: I, II  
CBK: e, g

**Martes 20 de Noviembre Horario: 18:30 – 20:30 horas**

### **Regulaciones, Políticas de Negocios e Impuestos, Oh My!**

Su trabajo como Proveedora no es solo el mantener la salud y seguridad de los niños que atienden su programa. Usted también usa una porción de su día para mantenerse en cumplimiento con las Regulaciones y sus políticas. Examine errores comunes que las proveedoras hacen en su declaración de impuestos lo que podría resultar en multas. Explore sus responsabilidades en el manejo de su negocio, incluyendo administración, políticas e impuestos.

Entrenadora: Maria Rivas  
OCFS: 5, 7  
CDA: L, M  
Beneficiarios: todos  
Nivel: I, II  
CBK: f, g

**Martes 4 de Diciembre Horario: 18:30 – 20:30 horas | El periodo Purpura del llanto. ¿Cómo está relacionado con el Síndrome del Bebe Sacudido?**

Los adultos tenemos una oportunidad única de prevenir el Síndrome del bebe sacudido a través de compartir información que va más allá de las advertencias de no sacudir a un bebe, sino también de especificar la mayor razón del porqué se llega a este extremo. "la frustración por el llanto inconsolable del bebe." Explore este tópico y desarrolle estrategias para prevenir este síndrome y colabore en encontrar soluciones prácticas para responder de manera apropiada a los llantos inconsolables de los bebes.

Entrenadora: María Rivas  
OCFS: 3, 9  
CDA: A, B, L  
Beneficiarios: FG  
Nivel: I,II  
CBK: e, g

**Costo de cada Seminario: \$15 miembros de CCRR, \$70.00 no miembros de CCRR. Todos los entrenamientos serán ofrecidos en: CCRR, 235 N. Main St., Spring Valley, NY 10977. Si tiene alguna pregunta favor de llamar a María E. Rivas al 845-425-0009 x455 o enviar un correo a: [maria@rocklandchildcare.org](mailto:maria@rocklandchildcare.org). Estos entrenamientos califican para becas proveídas por SUNY EIP**



# Medication Administration Training and American Red Cross Trainings



**New MAT registration procedure. See page 10.**

## Medication Administration Training (MAT)

**OCFS:** 2, 3, 4, 7 **CDA:** A, B **Target Audience:** All  
**Level:** All **CBK:** e, f, g **Trainer:** Kristin Saunders

This eight hour training course is required by OCFS for child care providers to administer medications to children in their programs. Learn proper medication practices, proper documentation and storage practices. Participants are eligible for a rebate from SUNY Albany Professional Development Program. Find three options for completing this course, fees and rebate information below.

**Contact SUNY for Rebate Information: 866-295-9616**

**MAT Classroom Course:** This eight hour course is taught in the classroom over two days. Participants will be tested on the three MAT demonstration competencies: Liquid Measure, Randomized Skills, and the administration of the epinephrine auto-injectors (EpiPen and Auvi-Q). A written test is given the last day of the class. *A certificate for 8 training hours available after completion.*

**Dates:** Tuesday, July 24 & Wednesday, July 25

**Time:** 9:00 am– 1:30 pm (includes time for lunch) **OR**

**Dates:** Monday, October 15 & Tuesday, October 16,

**Time:** 4:30-9:00 pm **OR**

**Dates:** Tuesday, December 4 and Wednesday, Dec.5

**Time:** 9:00 am– 1:30 pm (includes time for lunch)

**Fee:** \$190 members/\$240 non-members\* **Rebate:** \$100

## Competency Testing: 3rd Time Renewal:

If you renewed your MAT certification twice consecutively online, you will need to have your skills assessed by a MAT trainer to complete your third renewal. You will take the online renewal first and then meet with the MAT trainer to be tested on the three MAT Demonstration Competencies: Liquid Measure, Randomized Skills, and the administration of the epinephrine auto-injectors (EpiPen and Auvi-Q). A one hour certificate is provided.

**Fee:** \$90 member/\$130 non-member\* **Rebate:** \$70

Call Kristin Saunders to schedule: 845-425-0009, x493

## MAT Independent Study

A review of class materials online and a meeting with a trainer to review and practice prior to testing session, which includes the MAT Demonstration Competencies and a written exam. *A certificate for 8 training hours available after completion. Review materials. Failure to review may result in rescheduling and additional fees.*

**Dates/Times:** Wednesday, August 15, 5:00-9:00 pm  
or Wednesday, November 7, 9:00 am– 1:30 pm

**Fee:** \$125 members/\$175 non-members **Rebate:** \$70

**American Red Cross Trainings** NYS OCFS regulations for all modalities require that every program have a person certified in CPR and First Aid on-site at all times. Certification is valid for 2 years.

As per ARC policy, we are unable to admit anyone into the class once it has begun, Please be on time! Limited to 10 participants. Eligible for EIP funding.

**Please Note:** Community CPR and the Community CPR review are offered together AND completed in one session. AED training is included.

## CPR and First Aid Dates/Times

**Trainers:** Teresa Ortega, Bonnie Parsekian,  
Maria Rivas, Edna Saravia, Kristin Saunders

### Community CPR—6:30-9:30 pm

Wednesday, July 25      Monday, September 17  
Tuesday, December 11

### Spanish CPR—6:30-9:30 pm

Monday, October 22      Tuesday, October 30

### First Aid —6:30-9:30 pm

Thursday, August 16      Tuesday, October 9  
Tuesday, December 18

### Spanish First Aid —6:30-9:30 pm

Tuesday, October 23

**First Aid or CPR Fee:** \$60 member/\$90 non-member

**OCFS:** 4 **CDA:** A **Target Audience:** All **Level:** All

**CBK:** e, f, g

# Required Health and Safety Training

## Health and Safety Training to Become a Family/Group Family Child Care Provider

This pre-service series of classes is required for Family Child Care registration and Group Family Child Care licensing. Topics include health, safety, food safety, supervision, statutes and regulations pertaining to child care, child abuse and maltreatment identification and prevention, statutes and regulations pertaining to child abuse, special infant issues (Sudden Infant Death Syndrome & Shaken Baby Syndrome) and infection control.

Providers may attend the entire series or individual classes. Call for rates.

**Trainers:** James Callahan, David Del Campo, Maria Rivas, Edna Saravia

### Health & Safety for NEW F/GFCCP | Dates + Times:

August 1, 8, 15, 16, 22, 30: 6:00pm – 9:30pm

October 23, 24, 30: 9:30am-4:00pm—Bring lunch!

December 1, 8: 8:30-5:00pm—Bring lunch!

**Spanish:** August 2, 6, 7, 9, 13, 14

**Cost:** \$235 + \$35 non-refundable registration fee

**OCFS:** 2, 4, 5, 6, 7, 8, 9 **CDA:** A, B, L | **Target:** FG

**Level:** All | **CBK:** e, f, g

## Health and Safety Training for Center and School Age Directors and Legally Exempt Directors

This REQUIRED series will help new directors look at policies and procedures that reinforce high quality health and safety practices. Must attend entire series to receive credit!

**Trainer:** David Del Campo

### Health and Safety for Directors | Dates + Times

**Series 1:** July 17, 4-7 pm; July 19, 4-9 pm; July 24, 4-7 pm; July 26, 4-8 pm

**Series 2:** November 20, 4-7 pm; November 27, 4-9 pm; November 29, 4-7 pm; December, 4-8 pm

**Cost:** \$235 + non-refundable \$35 registration fee  
This series is eligible for EIP funding.

**OCFS:** 1, 2, 3, 4, 5, 6, 9

**CDA:** L | **Target:** D | **Level:** All | **CBK:** a, d e, f, g

## New! Health and Safety Training for Center/School Age Staff

Want to get 15 hours of training in a short amount of time? This competency based 15 hour training provides a foundation for practices that promote and protect the health and safety of children in child care and school age programs. This great course enables new staff to meet their initial 15 hour training requirement and other staff the opportunity to gain 15 hours of training quickly!

**Dates:** October 9, 11, 16, 18, 30, and November 1 | **Trainer:** David Del Campo | **Time:** 6:00pm – 9:30pm

**Cost:** \$235 + non-refundable \$35 registration fee. This series is eligible for EIP funding.

**OCFS:** 2, 4, 5, 6, 7, 8, 9 | **CDA:** A, B, L | **Target:** IT, PS, SA | **Level:** All | **CBK:** g

## IMPORTANT! NEW REGISTRATION PROCEDURE FOR HEALTH & SAFETY AND MAT!

To register you must first create an account with The Early Childhood Professional Development Program (PDP) and then register here: <https://www.ecetp.pdp.albany.edu/index.asp>

## Training for Trainers—5 Part Series

**Do you lead meetings, create workshops or would like to learn how to present trainings? Want to refresh your training skills?** The *Training for Trainers* series focuses on training strategies and techniques, adult learning principles, writing goals and objectives, and dealing with challenging participants. (Please note that this is not a trainer's credentialing course.)

**PRINCIPLES OF ADULT LEARNING AND LEARNING STYLES**—Tuesday, November 6

**WRITING WORKSHOPS, WORKSHOP GOALS AND OBJECTIVES** —Tuesday, November 13

**ACTIVE LEARNING TECHNIQUES; WRITING AGENDAS**—Tuesday, November 20

**DEALING WITH CHALLENGING PARTICIPANTS**—Tuesday, November 27

**PRESENTATION PRACTICE**—Monday, December 3

Time: 9:00 – 11:30 am

\$75 CCRR Members/ \$150 Non-members for the series.

You may attend individual sessions. Fee: \$20 CCRR Members/\$80 Non-members

Trainer: Debbie Silver | OCFS: 3, 5 | CDA: L | Target Audience: All | Level: All | CBK: g

## TRANSITIONS! Helping Toddlers Have Easier Days

Tuesday, August 14, 6:30 - 8:30 pm • with Elizabeth Rodano, Infant Toddler Regional Coordinator, CCCW

**DROP-OFF, HANDWASHING, BREAKFAST, FREE-PLAY, CIRCLE TIME, OUTSIDE TIME, NAP TIME, AND MORE!**

We ask children to switch from one activity to another many times each day, and these transitions are not easy for them or us. Are you intentionally planning for these times? Let's take a close look at the many transitions that the children make during the day. Are all of them necessary? How can we make them less stressful?

Let's explore best practices, learn songs, activities, and other creative ways you can make transitions easier for you and the children in your care.

**WE WILL CREATE A PLAN FOR A SMOOTHER DAY FOR BOTH YOU AND THE CHILDREN IN YOUR CARE!**



Target Audience: FG, IT, D, LE | OCFS: 1, 3 | CBK: a,d | CDA: C, L | Levels: I, II Cost: \$15 CCR Members/\$70 Non-members

# Networks and Trainings

## CENTER DIRECTORS

### TAKE A CLOSER LOOK AT THE OCFS REGULATIONS WITH SVRO Wednesday, October 17, 9-10:30 am

The NYS Office of Children and Family Services (OCFS) provides a range of resources to help parents with their child care needs, supports people who want to start/are currently running child care programs, and assists those with concerns about the health or safety of a child in a child care program. Receive updates and developments from the Spring Valley Regional Office (SVRO), OCFS.

**Special rate!** \$10 for CCRR Members | \$70 Non-members  
Trainer: Nancy Maffia, Licensing Supervisor, SVRO  
OCFS: 7 | CDA: L | Target Audience: D | Level: All | CBK: g

**STAY SAFE, FEEL SAFE Friday, December 14, 9:00-11:00 am** In what may seem to be an out of control time, parents and providers are very concerned with the safety of children in early childhood settings. How do we help children feel safe in ways that are developmentally appropriate? What steps should we take to keep everyone safe? Join us in discussions and activities centered on preparing your program for a variety of predicaments.

\$15 CCRR Members | \$70 Non-members  
Trainers: Debbie Silver and Elaine Trotta  
OCFS: 4, 5, 7 | CDA: A, L | Target Audience: D  
Level: All | CBK: e, f

## CDA at Child Care Resources of Rockland

### SERVICES TO ASSIST YOU IN RECEIVING THE CDA CREDENTIAL:

**CDA Courses** – online and face to face

**CDA Practicum** – support in completing your CDA Professional Portfolio

**CDA Application**– support when applying for the credential

WE PROVIDE CDA PROFESSIONAL DEVELOPMENT SPECIALISTS, CDA RENEWAL SUPPORT, AND TRAININGS THAT MEET ALL CDA REQUIREMENTS

Please contact Ellen Mitchell, CDA Coordinator:  
845-425-0009 x456 or [ellenm@rocklandchildcare.org](mailto:ellenm@rocklandchildcare.org)

Receive training on topics you decide, network with your peers, and receive a training certificate. If you're interested in sharing your program with other providers, please contact Debbie Silver: 845-425-0009, x459 | [debbies@rocklandchildcare.org](mailto:debbies@rocklandchildcare.org)

## FAMILY/GROUP FAMILY PROVIDERS

### DATES, TOPICS, & LOCATION TBA, 7:00-9:00 pm

\$15 CCRR Members/\$70 Non-members

Meet with other family and group family child care providers to discuss issues in your program. Is it discipline? Curriculum? Activities? Families? See that you are not alone as you strategize with other providers on how to deal with common concerns.

## SCHOOL AGE CARE DIRECTORS

### DATES, TOPICS, & LOCATION TBA, 10:00 am-12:00 pm

\$15 CCRR Members/\$70 non members

Meet with other school age care directors and site supervisors to discuss issues in your program. Is it discipline? Curriculum? Activities? Families? See that you are not alone as you strategize with other school age directors on how to deal with common concerns.

## FOR PARENTS AND GRANDPARENTS

### Off to a Good Start!

### What You Can Do to Strengthen Your Child's Social and Emotional Development

with Debbie Silver

Parents and families play an important role in nurturing their young child's social and emotional development and supporting this development can be rewarding and challenging at the same time!

Join us to discuss strategies that will help promote your infant, toddler or preschooler's social and emotional development in fun and nurturing ways.

**FREE! Tuesday, November 13, 2018—7:00-8:30 pm**

*Funded by the Office for People with Developmental Disabilities  
Certificates not provided.*



# Training Policies

## Registration and Payment

Advance registration and pre-payment are required to enroll in a training and receive a certificate at the end of the seminar.

We must receive the EIP award notification prior to the seminar or full payment – cash, check, or credit card. Apply for EIP 3-4 weeks before the seminar. If you pay in advance, a refund will be issued upon receipt of EIP award notification.

Please completely fill out a separate registration form for each person and keep a copy for your records.

Phone registrations will not be accepted without credit card payment. We accept Visa, MasterCard and Discover.

There is a \$30 fee for returned checks.

## Certificates for Seminars and ARC Trainings

You are responsible for maintaining all of your training certificates and records. Duplicate certificates will require a \$5 fee (waived for CCRR members).

**It is mandatory you arrive on time and remain for the entire seminar to receive credit and a certificate. All seminars start promptly. No admittance once a seminar begins. Plan accordingly as you must be on time.**

Regardless of whether a seminar's duration runs longer or shorter than scheduled, your certificate will reflect the advertised number of hours.

## SUNY Videos

Participants must arrive at 6:45 pm. No one will be allowed to enter once the video begins (SUNY requirements).

## American Red Cross Training

Participants must arrive at least 15 minutes before start time. **American Red Cross policies do not allow us to admit anyone once the training has begun.** Certificates are emailed within one week to those participants who have successfully completed the training. Duplicate certificates will require a \$5 fee (waived for CCRR members).

## CDA Renewal

There is a \$10 administration fee for CEU transcripts for CDA renewal (\$10 fee is waived for CCRR members).

## Training Records

There is a \$10 fee for a computer generated listing of your training record (waived for CCRR members).

## Fees

Seminar fees are \$15 for our members and \$70 for non-members, except where noted.

These rates **do not** apply to: American Red Cross Training, Health and Safety, MAT, Alone at the Top.

## Confirmations

Confirmation calls will not be made. Your registration form and your cancelled check will serve as your confirmation. You may call 845-425-0009, x0 to confirm that your registration has been received.

## Credits, Refunds and Cancellations

There are **NO** refunds or rescheduling for missed classes. We reserve the right to cancel any seminar. If classes are cancelled due to low enrollment, or inclement weather, participants will be notified by telephone. A full refund will be issued or participant can choose to register for another seminar. Be sure to include a phone number where you can be reached in case of a seminar cancellation.

In case of inclement weather, listen to radio station WHUD (FM 100.7) or go to cancellations.com. The decision to cancel any evening seminar will be made by 2:00pm on the day of the seminar. If you do not receive a call by 2:00pm, you may call 845-425-0009, x0 before 5:00pm to check on that evening's activities.

## Children

The presence of children, including babies, at trainings is very distracting. **DO NOT BRING CHILDREN OF ANY AGE** to the seminars or videos. If your child accompanies you, you will not be allowed to remain. We do not provide child care, nor do we allow any children in the office while seminars are being presented. While we understand that this may be a hardship, please do not place us in a position where we have to deny you access. Call 845-425-0009, x459 to find out about other training opportunities.

**You can register by mail: 235 N. Main St., Suite 11, Spring Valley, NY 10977, in person, by phone: 845.425.0009 or online at [childcarerockland.org](http://childcarerockland.org). Please remember, payment MUST accompany registration.**

# Individualized Training Record

<p>Name/Program:</p> <p>License/Registration Period:</p> <p>Date of Employment:</p> <p>Write in the title, date and hours of trainings you have completed. Place a check mark under each training topic that was covered in the training and attach certificates. Certificates must be submitted with your renewal application.</p>
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# Navigating *Child Care Resources of Rockland's* Professional Development Schedule



## OCFS

1. Child Development
2. Nutrition and Health
3. Program Development
4. Safety and Security
5. Business
6. Child Abuse, Maltreatment Identification & Prevention
7. Statutes and Regulations Pertaining to Child Care
8. Statutes and Regulations Pertaining to Child Abuse
9. Shaken Baby Syndrome

## CDA Functional Areas

- A. Safe
- B. Healthy
- C. Learning Environment
- D. Physical
- E. Cognitive
- F. Communication
- G. Creative
- H. Self
- I. Social
- J. Guidance
- K. Families
- L. Program Management
- M. Professionalism

## Target Audiences

- |     |                                |
|-----|--------------------------------|
| FG  | Family/Group Family Providers  |
| D   | Directors                      |
| IT  | Infant/Toddler staff/providers |
| PS  | Preschool staff/providers      |
| SA  | School Age staff/providers     |
| LE  | Legally Exempt providers       |
| ALL | All audiences                  |

## CBK - Core Body of Knowledge

- a. Child Growth and Development
- b. Family and Community Relationships
- c. Observation and Assessment
- d. Environment and Curriculum
- e. Health, Safety and Nutrition
- f. Professionalism and Leadership
- g. Administration and Management

## Competency Levels

Seminars are designed to meet the competency levels of participants at different stages of professional development based on the information provided in the NYS Early Care and Education Core Body of Knowledge Framework.

**Level I:** Commitment to a career in early care and education; contributes to and assures maintenance of a safe and nurturing environment; learns about children and families through participation in professional development activities; receives ongoing supervision from someone at a high level.

**Level II:** Consistently exhibits practices grounded in theories of growth, development, and learning; works cooperatively with others, establishes good mentoring relationships, and sometimes provides direct supervision; participates in formal study leading to a degree and/or certificate; refines their knowledge through guided and reflective experience with young children and families.

**Level III:** Extensive academic preparation and experience in the field; responsible for mentoring at other levels; possesses the ability to provide new resources in the development of theory and innovative practice; demonstrates a mastery of developmentally appropriate practices.

**All seminars start promptly. No one will be admitted once a seminar has begun, so please plan accordingly.**

## Child Care Resources of Rockland, Inc.

235 N. Main Street, Suite 11, Spring Valley, NY 10977

p: 845-425-0009 | f: 845-425-5312

info@rocklandchildcare.org | childcarerockland.org

Office Hours: M-F 8:30 am –5:00 pm



# Register Via Mail / Registrarse Por Correo

Name/Nombre \_\_\_\_\_

Home Phone/Número de teléfono en la casa \_\_\_\_\_

E-mail/Correo electrónico \_\_\_\_\_

Name of Program/Nombre del programa \_\_\_\_\_

Program Address/Dirección del programa \_\_\_\_\_

Program Phone/Número de teléfono del programa \_\_\_\_\_

Program E-mail/Correo electrónico del programa \_\_\_\_\_

**Phone numbers will be used if a seminar is cancelled or postponed.**  
**Los números de teléfono serán utilizados en caso de que el taller sea cancelado o aplazado.**

Date/Time	Title	Fee
Fecha/Hora _____	Nombre de la clase _____	Pago _____
Date/Time	Title	Fee
Fecha/Hora _____	Nombre de la clase _____	Pago _____
Date/Time	Title	Fee
Fecha/Hora _____	Nombre de la clase _____	Pago _____

**Payment or EIP award must be enclosed with registration! If EIP funds are not available, you will be responsible for the payment.**  
**¡Su pago o beca de EIP debe ser incluida con su matrícula! Si su beca EIP no es aprobada, Ud. Es responsable por el pago total de su matrícula.**

☐ Mastercard ☐ Visa ☐ Discover ☐ Check Money Order/Cheque/Money Order ☐ Scholarship, EIP, Coupon | Beca, Solicited de pago EIP/Cupon

\_\_\_\_\_  
Name as it appears on credit card/ Nombre tal como aparece en la tarjeta de crédito

\_\_\_\_\_  
Credit Card #/ Tarjeta De Crédito  
Visa, Mastercard, or Discover (16 digits/numerous)

\_\_\_\_\_  
Expiration Date/Fecha de Expiración

\_\_\_\_\_  
CVC# (last 3 digits on back of card/  
3 últimos números en la parte  
posterior de la tarjeta)

\_\_\_\_\_  
Billing Address/Dirección de Cobro de la Tarjeta De Crédito

\_\_\_\_\_  
Signature/Firma