



CHILD CARE
RESOURCES
OF ROCKLAND
INCORPORATED

Rockland Child Care News

childcarerockland.org | info@rocklandchildcare.org | 845-425-0009

January-April 2019

I AM AN ADVOCATE AND SO ARE YOU!

by Vicki Caramante, Executive Director



As many of you may have heard, I have been hired as the new Executive Director of Child Care Resources of Rockland, effective November 1, 2018. I am thrilled and honored to be chosen as the next in a strong

legacy of Executive Directors.

Many people say I have big shoes to fill, and I do. Not just because of the inspired leadership of Jane Brown, but because of the team at CCRR. Rich in knowledge, diverse in expertise, and committed to our mission, they are the backbone and heart of our agency. The shoes I fill, I share with this extraordinary staff.

I first came to CCRR as a member of the Board of Directors in 2009, when my three children were in preschool. As I learned more about early childhood education and the services CCRR provides, I began to appreciate the amazing work of the board, staff, and community partners throughout Rockland County and New York State who put the needs of our youngest children first, about the passion so many have for early childhood education, and about the significance of understanding child development. That passion is contagious and effusive, and it became my passion.

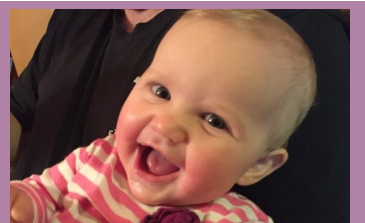
In my previous life, I worked in government, policy, community relations, and I found my calling. As CCRR's Executive Director I take my love for and my experience in government and policy and marry it with my passion for ensuring every child gets the absolute best chance at seizing every opportunity to be

remarkable – *every child* – from birth. That means focusing on the whole family, on health and wellness, on economics and society, and on education. And by the way, education does not begin when a child enters kindergarten – it starts when we sing to infants, when we teach babies and toddlers to crawl, walk, and play, and preschoolers how to share.

Over the past few months, I have met with each CCRR staff member to hear about their challenges and successes. I have accompanied Jane and other staff to scores of meetings. Each interaction solidifies for me the need to truly promote, support, and enhance the healthy development of all children. We are fortunate to have community and advocacy partners who work tirelessly. We are fortunate to have elected officials who understand the challenges we face and work to make needed policy changes.

While the challenges may seem daunting, there is power in numbers. We are all advocates – we have the power through social media, in our conversations, and in our actions. Like and retweet posts that support young children and early education. Speak to anyone and everyone about them and please support CCRR's efforts by adding your name to our [advocacy/action list](#) (send an email to Lisa Kreisel at lisak@rocklandchildcare.org)

When you see or hear something about ineffective or wrong-headed policies, say something – to us, to our elected officials, to our businesses, to each other. We cannot wait for someone else to do something tomorrow. We have to do something now. Our children cannot wait.



Executive Director

Vicki Caramante

Board President

Phyllis Tucker

Executive Committee

Steve Fromson
John Gregory
Christopher Jensen
Donna Perreca

Directors

Christine Cahill
Kathleen Cuneo
Nancy Cutler
Una Diffley
Vickie Frelow
Jan Jason
John Lagana
Anne Nissen
Scott Salotto
Nycole Smith
Ira Steinberg
Ann Taylor

Mission Statement

Our mission is to promote, support and enhance the healthy development of all children by:

Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;

Offering training, support and resources to the early care and education workforce as well as public and private schools;

Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;

Advocating for increased investment in quality child care and education;

Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.

A Warm Welcome to all New and Renewed Licensed/Registered Child Care Programs

FAMILY CHILD CARE PROGRAMS

Castle Corner Childcare
Nella Di Nuovo
Shifra Frieder
Growing Together Family Day Care
Lots of Love Daycare
Devora Meisels

GROUP FAMILY CHILD CARE PROGRAMS

Angels Touch Family Daycare
Charms Daycare
Myria Carpio
Wendy Dominguez
Bilma Friedman
Lil Einstein's Educational Childcare
Little Angels Day Care
Nachas Velt Daycare, Inc.
The Giving Tree, Inc.
Tulip Tree Kidz, LLC

CHILD CARE CENTERS

Benim Scholastic Academy
Campus Fun & Learn Child Development Center
Haverstraw Head Start
Playgarten
Red Owl Academy, LLC
The Goddard School
The Salvation Army Family Care Center

SCHOOL AGE CHILD CARE PROGRAMS

JCC at Valley cottage Elementary School
Nyack Center SACC
RASP at Sloatsburg Elementary School
RASP Central
YMCA at Cottage Lane Elementary School
YMCA at Haverstraw Elementary School
YMCA at Little Tor Elementary School
YMCA at William O. Schaefer Elementary School
YMCA at Willow Grove Elementary School

MEMBERSHIP NEWS

THANK YOU TO THE FAMILY AND GROUP FAMILY CHILD CARE PROVIDERS, CENTER-BASED PROGRAMS, SCHOOL AGE CARE PROGRAMS, AND COMMUNITY MEMBERS WHO PAID MEMBERSHIP BETWEEN AUGUST 1, 2018 AND NOVEMBER 5, 2018.

Miriam Adelman
Esther Aufgang
Meryl Barkin
Nancy Cutler
Kathleen Cuneo
Lynn Del Duca
Claudine Desir
Jeannine Desir
Lorna Levitin

Paulina Mata
Anne Nissen
Donna Perreca
Carmen Remigio
Eunice Salva
Diakite Shani
Phyllis Tucker
Barbara Weber

Good Shepherd Creative Play
Kiryas Joel Early Head Start
Kiryas Joel Head Start
Rio Valley Montessori Preschool & Nursery
St. Paul's Christian Day School

Child Care Resources of Rockland, Inc. is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Department of Health, the NYS Education Department and the United Way of Rockland County. Additional funding for Special Needs Services is provided by the Office for People With Developmental Disabilities. We are also supported by our members. Child Care Resources of Rockland, Inc. is Best Practices/Quality Assurance Certified by Child Care Aware of America demonstrating the competence in the field of Child Care Resource and Referral in New York State.



Child Care Aware® of America Member

Advocacy

No voice is too soft when that voice speaks for others. — Janna Chacola

MEETINGS WITH OUR ELECTED OFFICIALS CCRR advocates on behalf of children and families at the local, state and national level. This past fall, we met with Assembly Member (now NYS Senator) James Skoufis, Congresswoman Nita Lowey, Assembly Member Ken Zebrowski, Assembly Member Ellen Jaffee, and Assembly Member Karl Brabenec.

We'd love for you to add your voice!

Interested in making a call, signing a letter, attending a meeting? Please send an email to lisak@rocklandchildcare.org



Sign-on Letter to Governor Cuomo

Along with many organizations and individuals across the state, we are working to ensure that the Governor's Executive Budget for 2019-2020 includes additional investment in quality child care and full day Pre-K.



TWO HUNDRED AND THIRTY people added their signature to our September 2018 letter to Governor Cuomo. **Thank you!** Your support is appreciated and makes a difference! Your phone calls, emails, letters, and signatures provide a strong voice for our children.

All children deserve high-quality early care and learning experiences and should have equal access to all of the best opportunities available. *Advocacy is to change what is into what should be.* If you would like to be a part of our advocacy efforts, please send an email to lisak@rocklandchildcare.org and we will keep you in the loop!



2019 PreK Parent Information Sessions

We are hosting Universal Pre-Kindergarten (UPK) and Statewide Full-Day Pre-K information sessions for parents who have a child who will be **4 years old on or before December 1, 2019** and live in the following school districts:

Clarkstown | Nanuet | North Rockland | Nyack | Pearl River | South Orangetown | Suffern Central

Thursday, January 31, 7:00 pm
George W. Miller Elementary School
50 Blauvelt Road, Nanuet, NY 10954

Monday, February 4, 7:00 pm
R.P. Connor Elementary School
13 Cypress Rd, Suffern, NY 10901

Wednesday, February 6, 6:00 pm
William O. Schaefer Elementary School
140 Lester Dr, Tappan, NY 10983

Thursday, February 7, 9:30 am
Child Care Resources of Rockland
235 N. Main St., Spring Valley, NY 10977

Monday, February 11, 7:00 pm
Valley Cottage Elementary School
26 Lake Rd, Valley Cottage, NY 10989

Wednesday, February 13, 7:00 pm
West Haverstraw Elementary School
71 Blauvelt Ave, West Haverstraw, NY 10993

REGISTRATION REQUIRED

Parents may attend any session regardless of their school district.

845-425-0009 x0
info@rocklandchildcare.org



The 2018 Annual Early Childhood and School Age Care Conference was a great success. This year's event—our 44th annual conference—drew 130 participants.



You Are a Song Leader! with Betsy Blatchly



Eileen Flicker and Vicki Caramante

Our thanks to **NYS Assembly Member Ken Zebrowski** for sponsoring this conference. We are grateful to **St. Thomas Aquinas College** for their help in making our first conference on their beautiful campus run smoothly. We are pleased to say the event was enjoyed by all.



PRE-K APPLICATIONS

will be available on our website on
January 31, 2019, after 5:00 pm.

childcarerockland.org



To apply for the 2019-2020 school year PreK program, submit the completed application no later than April 1, 2019.

ATTEND A PREK INFORMATION SESSION:

See page 4 for details.

235 N. Main Street, Suite 11, Spring Valley, NY 10977
845-425-0009 | Fax: 845-425-5312 | info@rocklandchildcare.org

CHILD CARE RESOURCES OF ROCKLAND, INC.

NOMINATE A CHILDREN'S CHAMPION AND SAVE THE DATE!

April 10, 2019
**Children's Champions
Awards Celebration**

Do You Know a Children's Champion?

Please submit a nomination form.

Deadline: January 18, 2019.

Request a form or use the QR code to complete it online.



Contact us: 845.425.0009
info@rocklandchildcare.org
childcarerockland.org



Thank you!

On October 3, 2018, at the *Celebrate Jane Brown and Stand Up for Rockland's Children* event,

\$23,500 was raised for the

**CHILD CARE TUITION
SCHOLARSHIP PROGRAM**



**Thank you, Jane Brown, for 27
years of dedicated service to Child Care
Resources of Rockland, Inc.**

Nurse's Notes: It's Time to Talk About Vaccinations

By Kristin G. Saunders, RN, BSN

What better time to talk about vaccinations than when there is an outbreak of a vaccine preventable disease? With this recent measles outbreak, some interesting questions and misinformation have arisen.

Immunizations are one of the greatest accomplishments of modern medicine and are one of the most important preventative health interventions of the 20th century. They have eradicated diseases, continue to prevent medical complications from vaccine preventable diseases and have saved lives. Each year, three million pediatric deaths are prevented by vaccines.

Vaccinating, or not vaccinating, affects the health of children, the child's family, the child's friends, their families, and the community. Vaccinating or not vaccinating affects community immunity or what is also known as herd immunity. This occurs when nearly all individuals are vaccinated which in turn minimizes the risk of illness or the spread of vaccine-preventable diseases to those who do not have the direct benefit of immunization.

Please note that there are only two acceptable exemptions in New York State: medical or religious:

MEDICAL EXEMPTIONS are granted through a New York State licensed physician to individuals who have experienced a prior significant adverse reaction, have an allergy to vaccine component, or are immunocompromised.

RELIGIOUS EXEMPTIONS are defined by the New York State Department of Health as: *if a parent(s) or guardian(s) of a child holds genuine and sincere religious beliefs which are contrary to school entry immunization requirements, the immunization requirements are not required for the child to attend school.*

Child care providers and school districts reserve the right to ask for further documentation. Additionally, they may need to meet with the parents and their religious official to discuss the religious exemption request. Ultimately, the child care provider and/or school district reserves the right to accept or deny a religious exemption.

According to Healthy People 2020, in order for herd immunity to be effective, at least 90% of the community would need to be vaccinated in order to protect those who are not vaccinated. However, with diseases such as pertussis and measles, a population immunization rate would need to be greater than 95% in order to achieve community immunity (American Academy of Pediatrics, 2016).

According to the 2016-2017 New York State School Immunization Survey, in Rockland County, children younger than 12 months old were 71% completely immunized. MMR (measles, mumps, rubella) vaccine is not administered until the appropriate recommended age of 12 months – 15 months. This is where community immunity plays a large role for children of this age. Children 12 months of age and older were 84% completed immunized with 92% being vaccinated against MMR.

IF YOU ARE CONCERNED ABOUT CONTRACTING THE MEASLES DURING THIS OUTBREAK, it is highly recommended that you speak with your health care provider to find out if you and your children are protected against the measles, as well as any other vaccine preventable disease. Your health care provider can also direct you to reliable and trusted sources for further information regarding vaccines. Depending upon the circumstances, your health care provider may decide to run a blood test for your im-

Continued on page 7.

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Vaccinations...continued from page 6.

munization titers against certain diseases. A titer test measures the antibodies in order to check for disease immunity. The results of this test will show whether one is immune to measles or any other vaccine preventable disease and if further vaccinations are needed.

Please remember that the first recommended dose of MMR is between the ages of 12 months to 15 months. During this recent outbreak, the NYS Department of Health has recommended that children between six months and 11 months receive a MMR shot. However, this dose will not count towards the 2 MMR doses for school entry requirement.

In regards to excluding children who do not have their age appropriate MMR's during this outbreak, there are a few things to keep in mind.

The Rockland County Department of Health was the agency that decided which schools needed to enforce exclusions based on measles exposure and/or actual diagnosis of measles within the population of children who attend that school. The 21-day exclusion criterion comes into play based on when a child was exposed to measles and when other children

were exposed to the original child. This is why it is important to speak to parents that have children who may have a medical or religious exemption when enrolled, to ensure that they have back-up child care for an extended period of time. It is also important that the parent(s)/guardian(s) understand that if there is a case of a vaccine preventable disease within the program, the children who are not fully vaccinated against the particular disease or have an exemption will not be allowed to attend the program based upon the time period that is declared by the Department of Health. This may vary based upon the disease.

CHILD CARE PROVIDERS, please remember that if a child in your program is diagnosed with measles, you are required to report the diagnosis to the Rockland County Department of Health at 845-364-2663. You also are required to inform your registrar/licensor within 24 hours of the report. Please refer to your health care plan to see if there are any further steps you need to take.

If you have any questions, please feel free to contact Kristin G. Saunders, RN, BSN at 845-425-0009 x493 or kristins@rocklandchildcare.org.

CCRR's Babysitting Course

PREPARING STUDENTS TO BE BETTER BABYSITTERS!

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Our course includes topics on how to provide care for infants and children, how to stay safe, what to do in an emergency, how to choose age-appropriate activities, and how to recognize and handle a variety of behaviors. Students even learn the basics of starting a babysitting business! The course features video, activities, games, and hands-on practice with tools babysitters may use when caring for children. Students who successfully complete the course will receive a American Red Cross certificate.

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American Red Cross
BABYSITTING

Questions and Answers

by Kristin Saunders, RN, BSN, and Elaine Trotta, Director of Program Standards and Support Services

Q *Can early childhood programs that have enrolled children who are receiving itinerate services from an outside therapist allow the therapist to take the child to another area of the facility?*

A Only when there is written consent from the parent allowing the therapist and child to be in another portion of the facility can this be allowed to happen.



Q *When a director gives technical assistance to a staff member for an hour or more, can that time be counted towards the staff member's training requirements?*

A This can be counted only when the time spent and topics covered are carefully documented.



Q *May early childhood programs hatch chickens?*

A We need to be very careful due to potential diseases that can be carried by pets and other animals. As long as the chicks are kept in a contained area, not touched by the children, and removed after being hatched, it is fine for an early childhood program to hatch chickens.

Q *Does a substitute staff person have to take 30 hours of training in the nine component areas every two years, (midpoint and renewal)?*

A Substitutes who are truly substitutes working part time only need to have the one-hour orientation plus the five-hour health and safety training that is available online. That will take care of the first 140 hours worked. If the person is a full time substitute s/he would be required to take the first 15 hours of training during the first six months, and then a total of 30 hours every two years in the nine component areas.





BOARD SPOTLIGHT

Meet our Board of Directors—Part III



Photo credit: Tania Savayan/The Journal News

NANCY CUTLER

Nancy Cutler is a 30-year Rockland resident. A parent of two adult children, she resides in the Nyacks. Cutler is an Engagement Editor for The Journal News/lohud.com, a member of the USA Today Network.



VICTORIA STEBBINS FRELOW

Victoria Stebbins Frelow is co-founder of Frelow & Associates, a consulting group that provides support to foundations and non-profit organizations. For the past 30 years Vickie has been working in the field of early care and education. She began her career as a program officer for the A. L. Mailman Family Foundation. She later became a part of a research team at Columbia University focusing on public policy promoting the well being of children and families.



ANN TAYLOR

Ann has worked in early care and education in Rockland County for 34 years. She joined the CCRR Board of Directors (then called The Rockland Council of Young Children) under the tutelage of Phyllis Helbraun in 1983. It was Phyllis who ignited Ann's understanding of the need for quality care for children through advocacy. Ann is now on her fourth board term with CCRR, serving as president twice.

During her Board tenure, Ann has seen the many opportunities provided to families and children and to early childhood professionals. As a child care center director, these opportunities were invaluable to Ann in supporting the professional development of her staff.

Ann recognizes that these programs were implemented by CCRR, but some would not have been possible without the support of Rockland County Department of Health and Rockland County legislators. Ann is proud to have been a part of the early stages of CCRR and to have had the ability to watch it grow. "Executive Director Jane Brown leaves this agency with a legacy of proficient leadership for which I am proud."

Employee Spotlight:

Vicki Caramante, Executive Director

WHAT DO YOU DO AT CCRR? I am the newly hired Executive Director. I am responsible for ensuring our agency fulfills its mission, working with our staff, our board, elected officials, and community partners to ensure all children have access to quality, affordable early care and education.

TELL US ABOUT YOURSELF. I live in Tappan, NY, with my husband and three teenagers. Before moving here, I worked in advocacy and community relations for the City of New York. I was able to share my knowledge and experience by joining the board of my library, of my children's preschool, our PTA, and Child Care Resources of Rockland, among other boards. I was very fortunate to be a stay-at-home mom, so I was able to divide my time between caring for my children and volunteering. Giving back to my community is especially important to me.

DO YOU HAVE A FAVORITE HOBBY? I love to read, especially on a beach, and have aspirations to travel the world.

WHAT DID YOU WANT TO BE WHEN YOU GREW UP? I wanted to be a medical examiner. As a kid, *Quincy, M.D.* was my favorite show, an early version of *CSI*.

DO YOU HAVE A PHILOSOPHY BY WHICH YOU LIVE? I've always believed in servant leadership, before the name entered our collective lexicon, and always, always treating all people with respect and kindness.

VICKI CARAMANTE

845-425-0009, x417

vickic@rocklandchildcare.org



HOW COLD IS TOO COLD? *Winter Outdoor Play*

Keeping children safe and comfortable in the winter is important to encourage play and learning. Determining how cold is too cold has more to do with the wind and weather gear that the children and teachers wear than just a temperature gauge.

If children and adults are wearing several layers, water- and windproof outerwear, warm wool socks, warm hats with earflaps, insulated boots and water- and windproof mittens, then they should be safe and comfortable in most temperatures.

When the wind chill starts to dip below zero, make sure that children have additional warm gear like neck gaiters or scarves that can help cover their noses and mouths. During this weather, the ice becomes crunchy and walking in the deeper snow becomes hard work, so it is also important to be sure children don't get overheated. Observation and communication with children outdoors is key in figuring out if they may need to shed a layer or two or add another layer.

For example, even at days that are 20-below-zero, if we are building a quinzhee or snow fort, and shoveling piles of snow, playing tag, or hiking up a sledding hill repeatedly, it is possible that children may need to shed a heavy coat and wear just their under layers that usually comprise a thermal layer, a shirt, and a sweater or jacket liner.

From the book Nature-Based Learning for Young Children: Anytime, Anywhere, on Any Budget by Julie Powers and Sheila Williams Ridge. (Redleaf Press). Shared with authors' permission.



Music, Love, and Nurturing - Remembering Audrie Reicherter

The early childhood community suffered a great loss with the recent passing of Audrie Reicherter, owner of Cricket Town Child Care Center in Stony Point, N.Y. Audrie provided care to children and families for more than 35 years in a safe and nurturing environment, while maintaining an affordable tuition for parents.

Audrie incorporated her love of music into each classroom whether it was during cleanup time or a celebration. Still caring for children while in her 80s, Audrie enjoyed being in the classroom. She nurtured a love of books by reading to the children with great enthusiasm, and by adding plenty of props to enrich the stories. Audrie also enhanced her child care program by incorporating sign language into the daily routine. During the summers she ran a program that provided a wide variety of experiences for the children such as swimming, field trips, and theme days (i.e, the *Olympics* and *Winter in July*). Audrie's commitment to early childhood education was reflected in her commitment to her own continued professional development.

In 2011, Audrie received Child Care Resources of Rockland's *Champion in the Trenches* award in recognition of her longstanding work in the field and her immense dedication to the profession, to the children, and to her community. Audrie will be missed.



FREE SEMINARS

**APRIL IS THE MONTH
OF THE YOUNG CHILD**



ALL MONTH LONG!

We're celebrating high-quality child care for all children, by offering a month of free professional development* during the month of April!

FREE Professional Development* DURING THE MONTH OF APRIL

Check out a copy of the 2019 January – June Professional Development calendar, available in print and on our website: childcarerockland.org

FUNDING FOR THIS
OFFER IS PROVIDED
BY NYS ASSEMBLY
MEMBER KEN
ZEBROWSKI



*Does not include Red Cross, Health and Safety, and MAT

Comings and Goings

OFFICE CLOSINGS

Tues., Jan. 1: New Year's Day

Mon., Feb. 18, Presidents' Day

Mon., Feb. 21: Martin Luther King, Jr.'s Birthday

SAVE THE DATE

Wed., April 10: Children's Champions Awards

Fri., June 7: Annual Meeting

Change is Coming in 2020! The Annual Children's Legislative Forum is on hold for 2019, while RCAN develops the new Children's Public Policy Forum.

DONATIONS: CCRR certainly appreciates you thinking of us when donating items you no longer need, but we do not have the space to accept donations of items such as pack and plays, toys, children's clothes, cribs, games, etc. However, if you send an email to info@rocklandchildcare.org we will put out an email to child care programs in the county to see if there is a need for your items. Your email must list all items and include contact information, so you can be contacted directly. Please do not drop off items in the atrium.

BOOKS: We will take used children's books! Please call 845-425-0009 x630 to schedule a delivery time. Thank you.

Congratulations!

Child Care Professionals who recently received their CDA

Candida Daniel • Karen Martinez

GROW PROFESSIONALLY!

We are now accepting registration for our 2019 CDA classes.

Contact Ellen Mitchell to learn more:

ellenm@rocklandchildcare.org

845-425-0009, x456



Staff Directory

Executive Director

Vicki Caramante x417

Director of Family, Community, and Operations Services

Karen Ross x630

Resource and Referral Coordinator

Christina Espindola x610

Marketing and Public Relations Coordinator

Lisa Kreisel x616

PreK Coordinator

Jenine Valentino x460

Director of Professional Development and Quality Enhancement Services

Debbie Silver x459

CDA Coordinator and Special Needs Coordinator

Ellen Mitchell x456

Quality Enhancement Specialists

Rachel Ambroziak x620

David Del Campo x451

Ellen Mitchell x456

Bonnie Parsekian x613

Maria Rivas x455

Director of Program Standards and Support Services

Elaine Trotta x421

Legally Exempt Enrollment Coordinator Program Standards and Support Services Coordinator

Ines Ortiz x411

Priscilla Blanco x458

CACFP Coordinator

Teresa Ortega x633

Standards and Support Specialists, and Registrars

James Callahan x221

Haiana Doro x487

Edna Saravia x475

Registered Nurse

Kristin Saunders x493

Director of Finance and Human Resource Services

Gerd Schubert x615

Finance Coordinator

Kathleen Siuro x662

Contact us:

Child Care Resources of Rockland
235 N. Main Street, Suite 11
Spring Valley, NY 10977

845-425-0009 | 877-425-0009
Fax: 845-425-5312

Hours: M-F 8:30 am—5:00 pm

info@rocklandchildcare.org
www.childcarerockland.org

INFANTS • TODDLERS • PRESCHOOLERS • SCHOOL AGERS

Fun & Educational Activities

Child Care Resources of Rockland, Inc.

Supplement to Rockland Child Care News
January-April 2019

Infants Unique Individuals!



Infants are as different as snowflakes and each develops at a unique rate. Infants learn through touch, sight, sound, taste and smell. How can you make their environment exciting through their senses?

Wind Your Bobbin Up is an old nursery rhyme which dates from 1890 England. It has a simple melody and repetitive words and actions so little ones are able to join in even before they can sing the words. As you are singing or playing the music, move the baby's body and point to the areas of the room in the song. Babies will enjoy music from letsplaykidsmusic.com

Activity: Singing—Wind Your Bobbin Up

Wind your bobbin up, wind your bobbin up,
Pull, pull, clap! clap! clap!
Wind your bobbin up, wind your bobbin up,
Pull, pull, clap! clap! clap!

Point to the ceiling, point to the floor,
Point to the window, point to the door.
[Repeat Chorus]

Point to your fingers, point to your toes,
Point to your eyes, and point to your nose.



Toddlers Cause and Effect

Toddlers gain an understanding of concepts like cause and effect and object permanence through experimentation and repetition. Practicing the same activity time and again not only reinforces the lesson but it lays the groundwork for even more sophisticated learning and understanding. This activity supports all of a toddler's development.



Activity: Paper Towel and Ball Maze



Materials: Collect a few paper towel rolls (depending on how long you want the maze to be), various paints, brushes, balls that can fit through the hole, and a basket or bucket.

What to do: Provide a space where your toddler can paint each of the rolls. Let dry. The rolls can also be used without paint. Arrange the paper towel rolls on a board or cardboard in a maze connecting the ends.

Watch here: <https://www.youtube.com/watch?v=rwfm3xim0X8>

Looking for Child Care?

For information about child care, child care subsidy, or special needs services, contact CCRR at (845) 425-0009 x0 and ask to speak with the Resource and Referral Coordinator.

Newsletter Subscription

Subscribe to Rockland Child Care News via email, and enjoy our children's activities insert, too!

Receive information about our events, parent and grandparent seminars, advocacy and action updates, professional development opportunities, and more.

Sign Up Today

Send an email request to info@rocklandchildcare.org

Contact us:

Child Care Resources of Rockland, Inc. (CCRR)
235 N. Main Street, Suite 11
Spring Valley, NY 10977

845-425-0009 | 877-425-0009
Fax: 845-425-5312

Hours: M-F 8:30 am—5:00 pm



DEDICATED TO MAKING CHILD CARE
WORK IN ROCKLAND COUNTY

info@rocklandchildcare.org
www.childcarerockland.org

INFANTS • TODDLERS • PRESCHOOLERS • SCHOOL AGERS

Fun & Educational Activities

Preschoolers Creativity!



Preschoolers are different from toddlers in that they are developing the basic life skills to be independent. From ages three to five provide your preschooler with the independence of creativity when doing an activity.

Activity: Be Creative!

Materials: Shoe boxes filled with a variety of collected art materials, including items from nature. Contact paper.

What to do: Collect shoe boxes and add art scraps such as cut up paper, tape, lace, fabric, items from nature, etc. and label each box. When your preschooler wants to do a project, take out the labeled boxes and allow the child to create. Have the child place the materials on the sticky side of clear contact paper.



HOW TO USE CONTACT PAPER with kids



Source: messforless.net

School Agers Independence

This is when your child is the most independent and wants more say in what s/he can and cannot do. As part of this independence, school age children enjoy activities that express their creativity. One activity that will support their creative interest is the following, which can be used as gifts for family and friends or to simply keep by hanging in your room:



Activity: Yarn Ornaments

Materials: balloons, plastic bags to cover the floor, cooking spray, school glue, $\frac{1}{2}$ cup cornstarch, $\frac{1}{4}$ cup hot water, scissors, yarn, a mixing bowl.

What to do: Blow up balloons of various sizes and knot. Create a drying area. Hang balloons from strings above the drying area. Spray balloons with cooking spray. In a bowl, mix hot water with cornstarch. Add a bottle of white school glue and mix thoroughly. Dip yarn into the glue mixture and gently squeeze out the excess with your fingers – you may want to wear rubber gloves.

Beginning at the knot-end of the balloon, wrap the wet yarn around the balloon. The more you wrap, the denser the ball. Wrap the yarn in all directions, top to bottom and side to side. When you're satisfied with the wrapping, cut the string.

Repeat this process with all of the remaining balloons. Be sure, to allow balloons to dry completely. When the yarn is stiff and dry, pop the balloon and remove.

Source: education.com



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Child Care Resources of Rockland, Inc. is Best Practices/Quality Assurance Certified by Child Care Aware of America demonstrating the competence in the field of Child Care Resource and Referral in New York State.